

Adult Behavioral Risk Factor Prevalence, 2012 Statewide and By County

	State	New Castle County	Kent County	Sussex County
Behavioral Risk Factors				
Current Cigarette Smoker	19.7%	18.6%	21.1%	22.1%
BMI \geq 30 = "Obese"	26.9%	25.2%	29.1%	29.4%
BMI 25 - 29.9 = "Overweight"	39.1%	39.4%	38.9%	37.6%
Sedentary (No Phys. Activity)	23.5%	21%*	26.4%	27.6%
Binge Drinking	18.6%	19.9%	15.1%	18.1%
Chronic Heavy Drinking	6.8%	6.7%	7%	7.4%
Don't Use Seatbelts	3.9%	3.4%	4.6%	4.3%
Chronic Health Conditions				
Limited Activity / Disability	17.5%	16.2%	18.1%	20.2%
Diagnosed Diabetes	9.6%	8.3%*	10.9%	12.2%
Diagnosed Current Asthma	9.9%	9.6%	11.1%	9.5%
Diagnosed Depressive Disorder	14.8%	14.8%	14.2%	14.9%
Vision Impairment	12.5%	12.5%	12.4%	12.5%
Preventive Medicine: Immunizations and Screenings				
Age \geq 65 Flu Shot in Past Year	63.1%	63.6%	59.3%	64.1%
Age \geq 65 Pneumonia Vaccine	70.7%	66.5%*	72.7%	75.9%
Men 40+ Who Had PSA Test in Past 2 Years	52.7%	52.9%	53.8%	51.2%
Age 50+ Who Ever Had Colonoscopy	75.1%	76.4%	73.3%	73.6%
Women 50+ Who Had Mammogram In Past 2 Years	82.8%	83.3%	79.1%	84.2%
Women Who Had Pap Test In Past 3 Years	82.2%	82.2%	84.6%	81%
Visited Dental Clinic In Past Year	70%	73.7%*	65.7%	63.9%
Health Care Coverage / Health Status				
No Health Insurance (Age 18-64)	13.9%	13.2%	12.7%	17.4%*
Health Status: Poor to Fair	16.4%	14.4%*	17.9%	20.1%

Source: Delaware Health and Social Services, Division of Public Health, Behavioral Risk Factor Survey (BRFS), 2012.

* Statistically significant difference