DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health

# Monkeypox Safety for ATHLETES and COACHES

## WASH UNIFORMS DAILY

Wash your uniform or clothes after each practice or game

## DON'T SHARE ATHLETIC GEAR

Only use your own uniforms, towels, mouth guards, water bottles, or other gear

## SPEAK UP IF SICK

Tell a parent, coach, doctor, or nurse. Don't try to "tough it out"

## KEEP IT ORGANIZED

Do not leave unused personal gear laying around

## CHECK FOR RASHES

Check your skin and avoid contact with fans during gameplay

**STAY ALERT**
**STAY ADVISED**

de.gov/monkeypox
Hotline: 1-866-408-1899