Monkeypox Safety for ATHLETES and COACHES

WASH UNIFORMS DAILY
Wash your uniform or clothes after each practice or game

DON'T SHARE ATHLETIC GEAR
Only use your own uniforms, towels, mouth guards, water bottles, or other gear

SPEAK UP IF SICK
Tell a parent, coach, doctor, or nurse. Don't try to "tough it out"

KEEP IT ORGANIZED
Do not leave unused personal gear laying around

CHECK FOR RASHES
Check your skin and avoid contact with fans during gameplay

STAY ALERT
STAY ADVISED

de.gov/monkeypox
Hotline: 1-866-408-1899