Avoid close, skin-to-skin contact with people who have a rash. Do not touch the rash or scabs of a person with MPX. Do not kiss, hug, cuddle, or have sex with someone with MPX.

If you are sexually active, limit the number of partners you have, talk to them about their recent intimate history, and ask about any rashes or other symptoms.

Avoid contact with objects and materials that a person with MPX has used. Do not share eating utensils or cups. Do not handle or touch the bedding, towels, or clothing of a person with MPX.

Wash your hands often with soap and water, or use an alcohol-based hand sanitizer, especially before eating or touching your face, and after you use the bathroom.

For more information on monkeypox:
1-866-408-1899

dphcall@delaware.gov
de.gov/monkeypox

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