

The Prescription Drug Action Committee (PDAC)

Overview and Recommendations

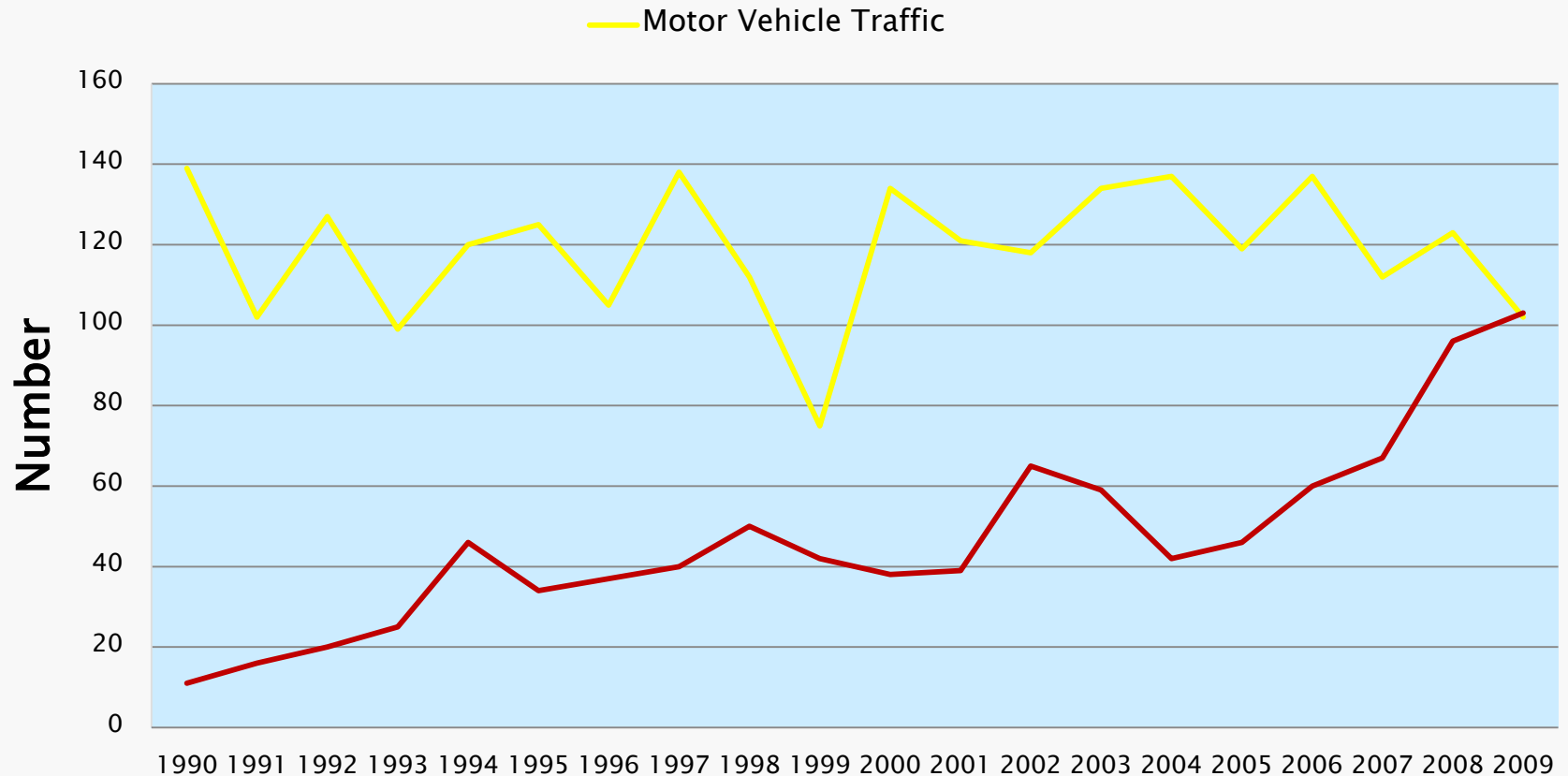
April 22, 2013

Define the Problem

Poisonings Now Kill More Delawareans Than Car Crashes

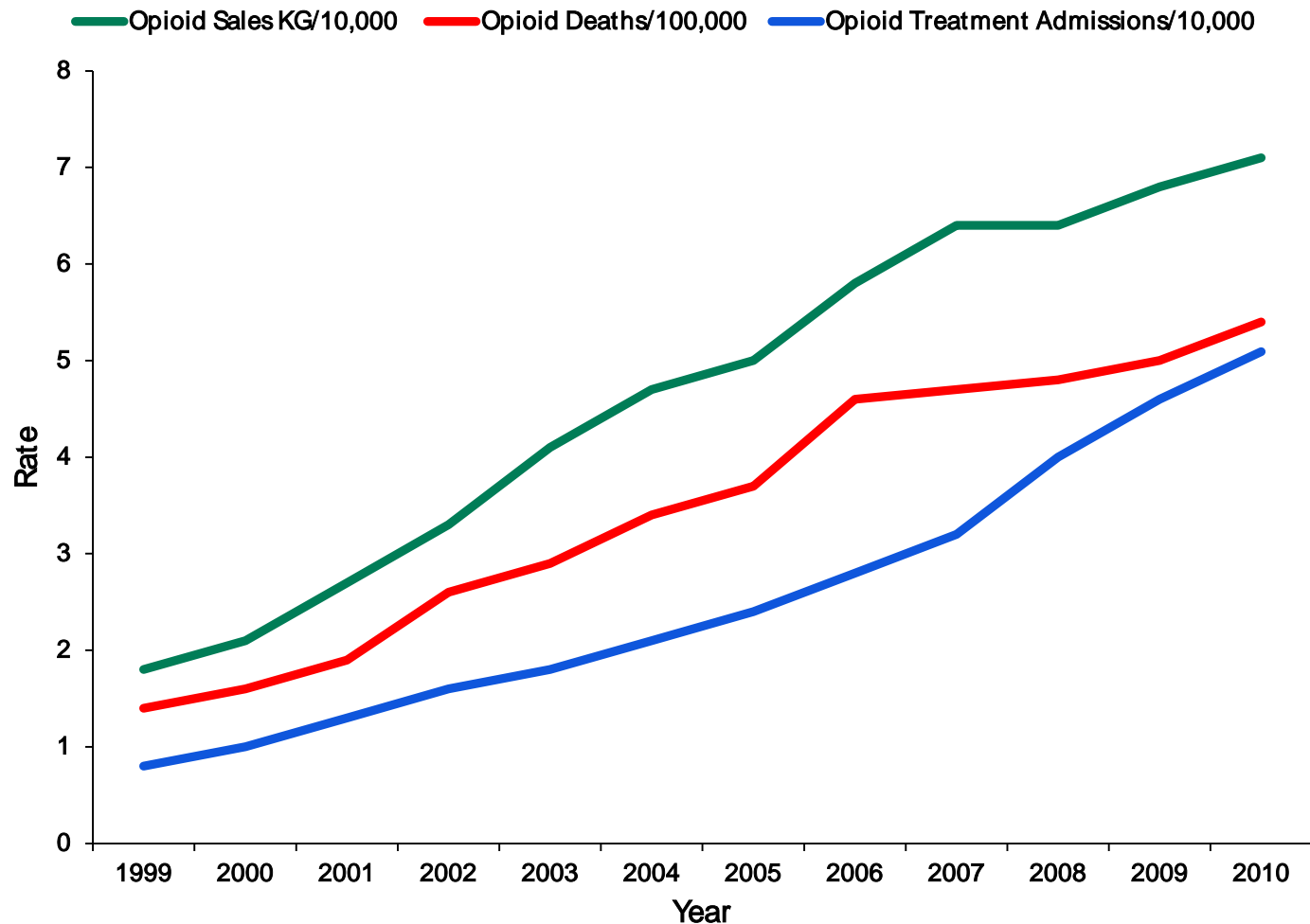
Motor vehicle traffic and accidental poisoning by & exposure to drugs

Delaware, 1990–2009



Source: State of Delaware, Division of Public Health, Delaware Health Statistics Center, 2012

Rates of Opioid Overdose Deaths, Sales, and Treatment Admissions, United States, 1999–2010



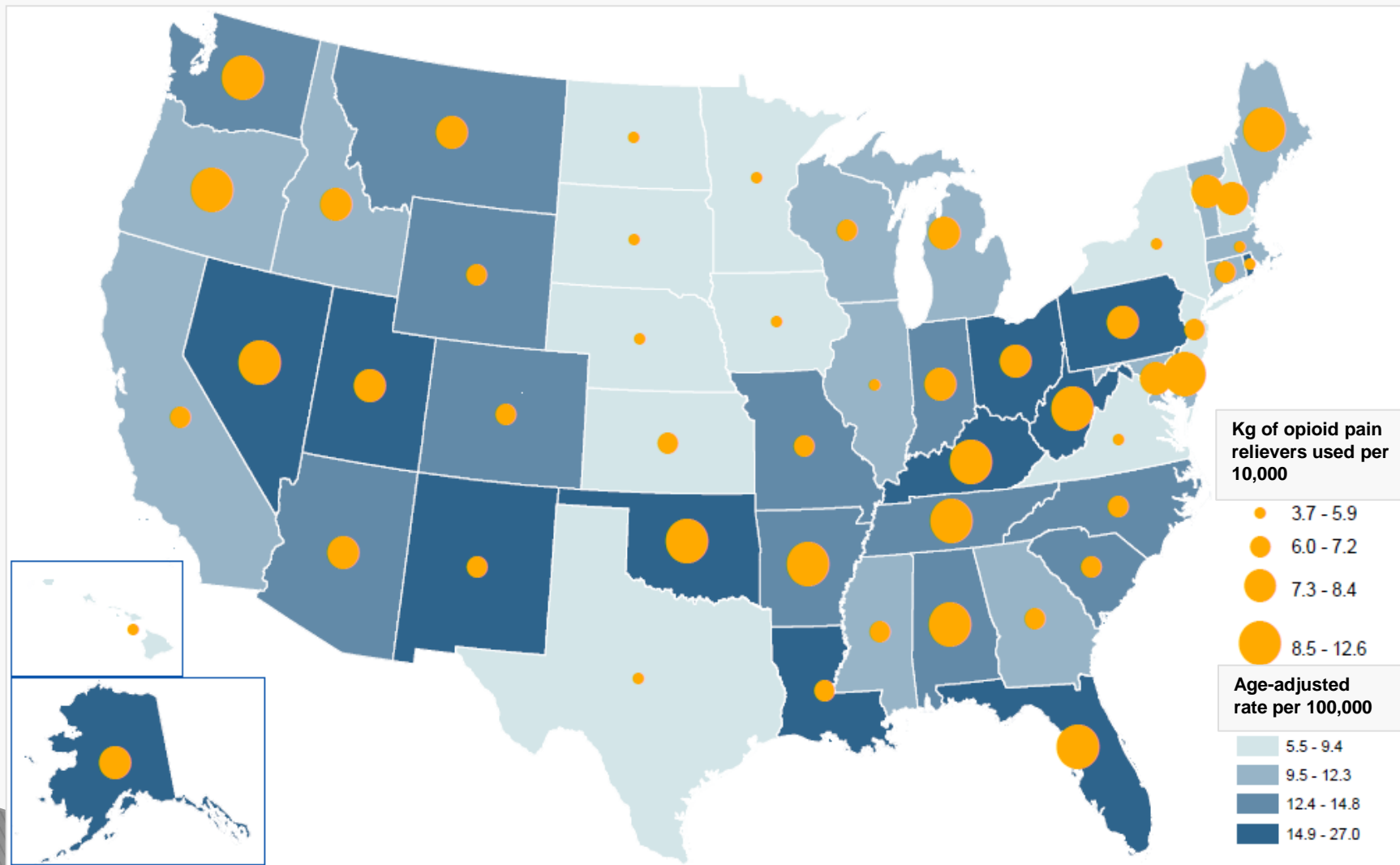
CDC. *MMWR* 2011. http://www.cdc.gov/mmwr/preview/mmwrhtml/mm60e1101a1.htm?s_cid=mm60e1101a1_w. U.S. Department of Health and Human Services. 2009 mortality and 2010 treatment admissions.

Prescription Drug Action
Committee

Prescription Drug Abuse and Misuse in Delaware

- ▶ Delaware: 9th highest drug overdose death rate (2009)
 - DE average deaths per 100,000 population: 10.5
 - National average deaths per 100,000: 12.0
 - Drug overdose death rate increased 142% (1999–2009)
- ▶ More Delaware residents 12 and older report using non-medical use of opioid pain relievers
 - DE average: 5.6%
 - National average: 4.8%
- ▶ Substance abuse treatment admission rates for opioids increased over 2,750% (1999–2010)
- ▶ Delaware 5th highest for opioid sales (2010)
 - DE average: 10.2 KG per 100,000 population
 - National average: 7.1 KG per 100,000 population

Drug Overdose Death Rate, 2008, and Opioid Pain Reliever Sales Rate, 2010



Trends: Treating Pain increased the usage of Prescription Drugs



Under treatment of pain



Pain scale
Pain as a vital sign

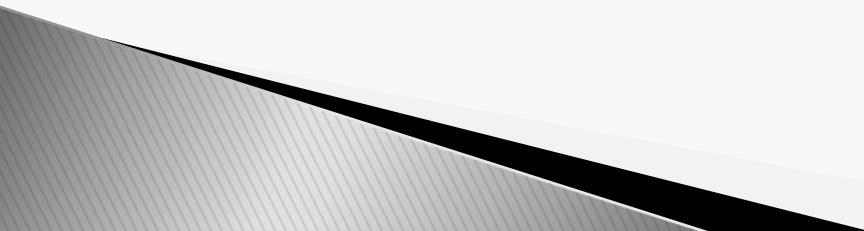
Increasing availability of opioid analgesics



Increase in abuse of prescription opioids

A Coordinated and Comprehensive Approach to Action – The Prescription Drug Action Committee, PDAC

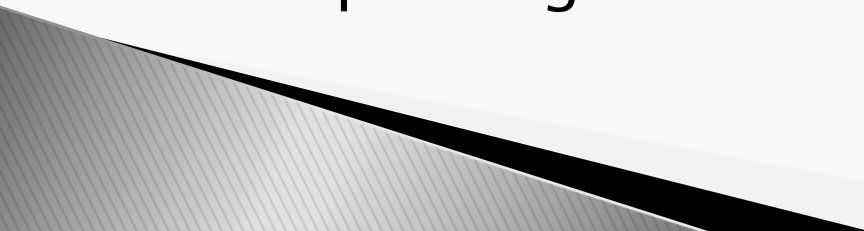
□ History and Accomplishment

- Established in February 2012 by Governor Markell.
 - Focused on coordinating public, private and community efforts under the leadership of the Division of Public Health and the Medical Society of Delaware.
 - The PDAC has a broad and diverse membership.
 - To date, PDAC has conducted over 15 full committee public meetings and over 45 sub committee meetings.
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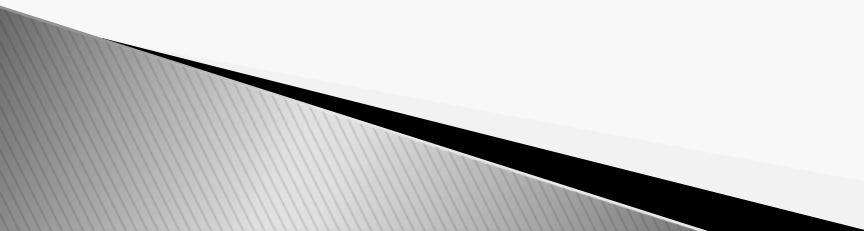
Policy Recommendations

- Require all prescribers with a controlled substance registration and pharmacists to complete 2 hours of continuing education training. Two hours of prescriber training will focus on safe and effective prescribing methods. For Pharmacists, training will focus on recognizing patient abuse seeking behaviors.
- Require controlled substance prescribers to take a one hour, one time only CME on Delaware specific prescription drug abuse and pain management topics to include: the Prescription Monitoring Program (PMP), Delaware Regulation 31 and other state specific programs and policies.
- Standardize continuing education of law enforcement regarding controlled substance related abuse and impairment.
- Require hospice agencies to implement a uniform procedure to dispose of controlled substances after a patient passes away.

Policy Recommendations

- Require practitioners with controlled substance licenses to register for access to the Prescription Monitoring Program (PMP).
 - Enable provider authorized support staff to delegate access to the PMP via their own log-in identification and password.
 - Require substance abuse treatment centers to use the PMP to evaluate patient risk of abuse.
 - Require pharmacists to obtain a Prescription Monitoring Program (PMP) patient profile when there is a suspicion of abuse seeking behaviors.
 - Eliminate the 72 hour exemption for reporting dispensing of controlled substances to the PMP.
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Program Recommendations

- Launch a statewide public education and outreach campaign based upon the successful school nurse partnership.
 - Ensure that chronic pain patients have safe and consistent access to care and support provider education by increasing access to pain management and substance abuse experts.
 - Integrate multiple data sources to develop a robust surveillance system.
 - Implement Electronic Prescribing for Controlled Substances.
 - Implement long term drug take-back solution; federal guidance expected late 2013.
 - Implement a pilot program for BLS to use Narcan.
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PDAC

<http://dhss.delaware.gov/dhss/dph/pdachome.html>