

## Adult Behavioral Risk Factor Prevalence, 2014 Statewide and By County

	State	New Castle County	Kent County	Sussex County
<b>Behavioral Risk Factors</b>				
Current Cigarette Smoker	19.9%	18.9%	21.9%	20.8%
BMI ≥ 30 = "Obese"	30.7%	29.7%	<b>34.1%*</b>	30.5%
BMI 25 - 29.9 = "Overweight"	36.7%	36.4%	36.0%	38.4%
Sedentary (No Phys. Activity)	24.9%	22.7%	<b>29.6%*</b>	27.0%
Binge Drinking	15.7%	<b>18.0%*</b>	13.7%	11.2%
Chronic Heavy Drinking	5.2%	5.1%	4.9%	5.6%
Don't Use Seatbelts	1.8%	1.7%	2.0%	2.1%
<b>Chronic Health Conditions</b>				
Limited Activity / Disability	23.1%	22.6%	<b>25.5%*</b>	22.8%
Diagnosed Diabetes	11.1%	9.7%	<b>12.3%*</b>	<b>13.5%*</b>
Diagnosed Asthma	8.8%	8.9%	9.8%	7.8%
Diagnosed Depressive Disorder	18.3%	18.1%	18.2%	19.0%
Blind or Visually Impaired	3.8%	3.9%	3.5%	3.7%
<b>Preventive Medicine: Adult Immunizations and Screenings</b>				
Age ≥ 65 Flu Shot in Past Year	64.0%	64.2%	60.9%	65.3%
Age ≥ 65 Pneumonia Vaccine	73.0%	73.0%	68.1%	<b>75.4%*</b>
Men 40 + Who Had PSA Test in Past 2 Years	45.1%	40.9%	<b>49.1%*</b>	<b>51.1%*</b>
Age 50+ Ever Had Colonoscopy	76.5%	76.4%	75.9%	77.3%
Women 50+ Who Had Mammogram In Past 2 Years	83.8%	82.9%	84.2%	85.4%
Women Who Had a Pap Test in Past 3 Years	80.2%	80.7%	79.8%	79.3%
Visited Dental Clinic In Past Year	66.5%	<b>70.3%*</b>	64.6%	58.7%
<b>Health Care Coverage / Health Status</b>				
No Health Insurance (Age 18-64)	10.8%	8.3%	<b>12.3%*</b>	<b>17.2%*</b>
Health Status: Poor to Fair	15.6%	13.5%	<b>17.9%*</b>	<b>19.1%*</b>

Source: Delaware Health & Social Services, Division of Public Health, Behavioral Risk Factor Survey (BRFS), 2014.

\* Statistically significant difference, statistically higher than other county(s).