

Adult Behavioral Risk Factor Prevalence, 2015				
Statewide and By County				
	State	New Castle County	Kent County	Sussex County
Behavioral Risk Factors	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
Current Cigarette Smoker	17.4% (15.6-19.1)	15.7% (13.0-18.4)	19.6% (16.7-22.6)	19.7%* (16.9-22.5)
Total Tobacco Use ¹	24.5% (22.5-26.6)	24.0% (20.9-27.1)	25.6% (22.3-28.8)	24.9% (21.9-28.0)
Obese	29.7% (27.5-31.8)	28.0% (24.8-31.3)	31.3% (27.8-34.9)	32.4% (29.1-35.7)
Overweight	37.2% (34.9-39.4)	36.2% (32.8-39.6)	37.9% (34.2-41.6)	39.0%* (35.6-42.5)
Sedentary	29.4% (27.3-31.5)	28.6% (35.3-31.8)	31.0% (27.6-34.4)	30.3% (27.1-33.4)
Did not meet PA guidelines	41.7% (39.3-44.0)	41.6% (38.0-45.2)	42.9% (39.1-46.6)	40.9% (37.5-44.4)
Did not consume at least five fruits and/or vegetable per day	84.8% (83.2-86.5)	84.1% (81.6-86.6)	84.9% (82.1-87.7)	86.6% (84.0-89.1)
Binge Drinking	14.9% (13.1-16.8)	17.4%* (14.5-20.4)	12.5% (10.0-15.0)	10.6% (8.5-12.8)
Chronic Heavy Drinking	5.3% (4.2-6.4)	5.9%* (4.2-7.7)	3.4% (2.3-4.5)	5.4%* (3.7-7.0)
No Seatbelt Use	1.8% (1.1-2.5)	2.2%* (1.0-3.4)	0.9% (0.3-1.5)	1.5% (0.8-2.2)
Chronic Health Conditions				
Disability	22.3% (20.5-24.1)	20.4% (17.7-23.1)	25.6%* (22.4-28.7)	24.6%* (21.8-27.3)
Diabetes	11.5% (10.3-12.7)	10.4% (8.6-12.2)	11.9% (10.1-13.8)	13.8%* (11.6-15.8)
High Cholesterol	39.1% (36.8-41.3)	36.9% (33.5-40.3)	37.2% (33.8-40.6)	45.6%* (42.1-49.1)
Hypertension	34.5% (32.5-36.5)	32.3% (29.3-35.2)	34.3% (31.0-37.6)	40.1%* (37.0-43.2)
Angina or Coronary Heart Disease	4.2% (3.5-4.9)	3.5% (2.6-4.5)	3.9% (2.7-5.2)	6.2%* (4.8-7.7)
Coronary Heart Disease or Myocardial Infarction²	7.1% (6.1-8.1)	5.9% (4.4-7.5)	7.0% (5.2-8.8)	10%* (8.3-11.8)
Stroke²	3.6% (3.0-4.2)	2.9% (2.1-3.8)	4.5% (3.0-6.0)	4.6%* (3.3-5.8)
Skin Cancer	7.3% (6.3-8.2)	6.4% (5.2-7.7)	5.5% (3.9-7.1)	10.5%* (8.6-12.4)
Other Cancer	7.2% (6.3-8.0)	5.7% (4.5-6.8)	8.7%* (7.1-10.4)	9.8%* (8.0-11.6)

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Asthma	9.2% (7.9-10.5)	9.5% (7.5-11.5)	10.6%* (8.3-13.0)	7.5% (5.8-9.2)
COPD	7.1% (6.0-8.2)	5.6% (4.0-7.2)	7.3% (5.8-8.8)	10.6%* (8.7-12.5)
Arthritis	28.1% (26.3-29.9)	24.5% (22.0-27.1)	30.3%* (27.1-33.5)	35.2%* (32.2-38.1)
Limited Work Ability Due to Arthritis	34.0% (30.4-37.6)	32.3% (26.5-38.2)	37.3% (30.8-43.4)	34.9% (29.5-40.2)
Depressive Disorder	17.8% (16.1-19.6)	19.0% (16.4-21.7)	16.1% (13.6-18.6)	16.2% (13.6-18.8)
Vision Impairment	4.4% (3.5-5.3)	3.9% (2.7-5.2)	6.0% (4.1-7.8)	4.3% (2.9-5.7)
Preventive Medicine: Immunizations and Screenings				
Age ≥ 65 Flu Shot in Past Year	65.6% (62.3-68.9)	68.8% (63.3-74.3)	62.8% (56.5-69.1)	62.3% (57.9-66.8)
Age ≥ 65 Pneumonia Vaccine	76.7% (75.5-79.8)	77.4% (71.9-82.6)	78.0% (72.4-83.5)	75.1% (71.0-79.2)
Adults Who Have Been Tested for HIV	41.8% (39.4-44.1)	43.1%* (71.9-82.6)	47.7%* (44.0-51.5)	33.7% (30.3-37.1)
Men 40 + Who Had PSA Test in Past 2 Years	47.0% (43.1-50.9)	47.3% (39.1-51.1)	45.2% (40.3-53.4)	50.8% (45.0-57.0)
Health Care Coverage/ Health Status				
No Health Insurance (Age 18-64)	10.3% (8.8-11.8)	8.6% (6.5-10.7)	10.0% (7.3-12.7)	15.8%* (12.7-18.9)
Health Status: Poor to Fair	17.6% (15.9-19.3)	16.8% (14.3-19.3)	18.3% (15.6-21.0)	19.1% (16.6-21.6)

Source: DHSS, Division of Public Health, Behavior Risk Factor Survey (BRFS), 2015

*County residents are a significantly more likely to have the behavior compared to the reference county. Reference county is the county with the lowest prevalence of risk behavior/chronic health condition/screening prevalence/health care status.

¹Includes all tobacco products such as cigarettes, e-cigarettes, pipes, cigars, smokeless products, hookahs, etc.

²For myocardial infarction and stroke, this prevalence only includes those who have suffer the condition and survived.

A simple logistic regression was performed to determine if significant differences were observed among the counties.