

Adult Behavioral Risk Factor Prevalence, 2022 Statewide and By County				
	State	Kent County	New Castle County	Sussex County
Behavioral Risk Factors	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
Current Cigarette Smoker	12.9% (11.4-14.4)	15.2% (12-18.4)	12.6% (10.4-14.9)	12.0% (9.7-14.3)
Current e-Cigarette Users	6.1% (4.9-7.2)	7.1% (4.5-9.6)	6.4% (4.6-8.2)	4.7% (3.1-6.2)
Total Tobacco Use <sup>1</sup>	20.3% (18.5-22.1)	22.8% (19.2-26.3)	20.4% (17.7-23.2)	18.4% (15.6-21.1)
Obese	37.9% (35.6-40.1)	40.6% (36.7-44.4)	37.6% (34.1-41)	36.7% (33.2-40.1)
Overweight	33.9% (31.8-36.1)	35.0% (31.3-38.6)	31.2% (28-34.3)	<b>39.4%*</b> <b>(35.8-43)</b>
Normal Weight	26.8% (24.7-28.9)	23.5% (20.3-26.8)	<b>29.5%*</b> <b>(26.2-32.8)</b>	23.0% (20.1-25.9)
Adults Who Drank More than One Sugar-Sweetened Beverage per Day	Not asked in 2022			
Sedentary Lifestyle	23.5% (21.7-25.4)	<b>29.2%*</b> <b>(25.5-32.9)</b>	21.4% (18.6-24.1)	24.2% (21.4-27)
Did Met Federal PA guidelines <sup>†</sup>	Not asked in 2022			
Did not consume at least five fruits and/or vegetable per day	Not asked in 2022			
Binge Drinking	14.0% (12.3-15.6)	13.2% (10.4-16.1)	14.7% (12.1-17.3)	12.9% (10.4-15.4)
Chronic Heavy Drinking	5.5% (4.4-6.5)	5.2% (3.5-6.8)	5.0% (3.5-6.6)	6.6% (4.8-8.4)
Chronic Health Conditions				
Disability <sup>2</sup>	25.4% (23.6-27.3)	28.0% (24.5-31.4)	24.1% (21.3-26.9)	26.7% (23.7-29.7)
Diabetes	13.9% (12.4-15.3)	13.3% (11.1-15.4)	13.9% (11.7-16.1)	14.1% (11.8-16.5)
Pre-Diabetes	14.0% (12.4-15.6)	16.7% (13.6-19.7)	12.8% (10.4-15.2)	14.7% (12.2-17.3)
High Cholesterol	Not asked in 2022			
Hypertension	Not asked in 2022			
Angina or Coronary Heart Disease	4.5% (3.7-5.3)	4.2% (3-5.3)	3.4% (2.3-4.6)	<b>7.1%*</b> <b>(5.5-8.7)</b>
Coronary Heart Disease or Myocardial Infarction <sup>3</sup>	6.6% (5.6-7.5)	5.8% (4.4-7.1)	5.3% (4-6.7)	<b>9.8%*</b> <b>(8-11.7)</b>
Stroke <sup>3</sup>	3.8% (3.1-4.4)	5.1% (3.7-6.4)	2.9% (2-3.7)	4.9% (3.6-6.2)
Skin Cancer	6.3% (5.4-7.2)	5.1% (3.9-6.3)	5.5% (4.2-6.9)	<b>8.6%*</b> <b>(6.9-10.4)</b>
Other Cancer	8.7% (7.7-9.8)	8.5% (6.9-10.1)	7.8% (6.3-9.4)	10.9% (9-12.7)
Asthma	9.9% (8.6-11.1)	12.6% (10.1-15.1)	9.4% (7.5-11.3)	8.9% (7.2-10.7)
COPD	9.9% (8.6-11.1)	12.6% (10.1-15.1)	9.4% (7.5-11.3)	8.9% (7.2-10.7)
Arthritis	27.7% (25.9-29.5)	31.3% (28-34.6)	23.4% (20.9-26)	34.6% (31.6-37.7)
Limited Work Ability Due to Arthritis	Not asked in 2022			
Depressive Disorder	19.9% (18-21.7)	20.9% (17.4-24.4)	20.6% (17.8-23.4)	17.6% (15-20.2)
Vision Impairment	4.0% (3.2-4.9)	5.1% (3.3-7)	3.5% (2.3-4.8)	4.4% (3-5.8)
Preventive Medicine: Immunizations and Screenings				
All Adults Flu Shot in Past Year	48.2% (45.9-50.5)	44.0% (40.2-47.9)	48.9% (45.3-52.4)	49.7% (46.2-53.3)
Age ≥ 65 Flu Shot in Past Year	67.6% (64-71.1)	63.7% (58.3-69.1)	65.3% (59-71.5)	72.2% (67.5-76.8)
Age ≥ 65 Pneumonia Vaccine	74.6% (71.4-77.7)	70.6% (65.5-75.7)	72.7% (66.9-78.4)	78.7% (74.5-82.9)
Men 40 + Who Had PSA Test in Past 2 Years	39.5% (35.6-43.4)	36.9% (30.5-43.3)	35.7% (29.8-41.6)	<b>48.1%*</b> <b>(41.8-54.5)</b>
Age 50-75 who Have Fully Met the USPSTF Recommendations	70.1% (67.3-72.8)	70.4% (66.1-74.7)	67.6% (63.2-72)	74.1% (70.2-78)
Women 40+ Who Had Mammogram in Past 2 Years	73.7% (70.7-76.7)	66.2% (61-71.4)	74.4% (69.6-79.2)	<b>76.9%*</b> <b>(72.9-80.9)</b>
Women 21-65 Who Had Pap Test in Past 3 Years	77.7% (73.7-81.7)	73.1% (66-80.2)	79.7% (73.9-85.5)	76.0% (69.5-82.4)
Adults Ever Tested for HIV/AIDS	40.6% (38.3-43)	43.1% (39.1-47.1)	41.4% (37.7-45)	37.3% (33.7-40.9)
Adults at Significant Risk for HIV/AIDS	5.5% (4.3-6.7)	5.8% (3.6-7.9)	5.6% (3.8-7.5)	5.1% (3.1-7)
Visited Dental Clinic In Past Year	64.6% (62.5-66.7)	65.8% (62.2-69.4)	65.0% (61.8-68.3)	62.7% (59.3-66)
Health Care Coverage/ Health Status				
No Health Insurance (Age 18-64)	8.7% (7.1-10.2)	6.6% (4.1-9)	7.3% (5.1-9.5)	<b>14.2%*</b> <b>(11.1-17.3)</b>
Health Status: Poor to Fair	16.6% (15-18.2)	17.5% (14.5-20.5)	15.8% (13.4-18.2)	17.9% (15.2-20.5)

Data Source: Delaware Behavior Risk Factor Survey, 2022

\*County residents are a significantly more likely to have the behavior compared to the reference county. Reference county is the county with the lowest prevalence of risk behavior/chronic health condition/screening prevalence/health care status.

<sup>1</sup>Includes all tobacco products such as cigarettes, e-cigarettes, pipes, cigars, smokeless products, hookahs, etc.

<sup>2</sup>Disability question series changed in 2018 to include those with hearing impairments

<sup>3</sup>For myocardial infarction and stroke, this prevalence only includes those who have suffer the condition and survived.