

# Behavioral Risk Factor Surveillance System

Delaware

New Castle

2011 County Data Report

BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
New Castle County, Delaware

GENHLTH: Would you say that in general your health is:																
RESPONDENT NUMBER		Excellent			Very good			Good			Fair			Poor		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
2029	413,636	381	20.4	17.9-22.9	729	36.1	33.4-38.8	626	31.1	28.4-33.8	233	10.2	8.40-12.0	60	2.2	1.40-3.00

_RFHLTH: Adults with good or better health							
RESPONDENT NUMBER		Good or Better Health			Fair or Poor Health		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2029	413,636	1736	87.6	85.8-89.4	293	12.4	10.6-14.2

HLTHPLN1: Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare, or Indian Health Service?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2025	411,490	1876	91.0	89.0-93.0	149	9.0	7.00-11.0

_HCVU651: Respondents aged 18-64 that have any form of health care coverage							
RESPONDENT NUMBER		Have health care coverage			Do not have health care coverage		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1453	339,575	1315	89.8	87.6-92.0	138	10.2	8.00-12.4

_TOTINDA: Adults that report doing physical activity or exercise during the past 30 days other than their regular job							
RESPONDENT NUMBER		Had physical activity or exercise			No physical activity or exercise in last 30 days		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2008	408,769	1509	75.8	73.3-78.3	499	24.2	21.7-26.7

NOTE:

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
New Castle County, Delaware

_RFHYPE5: Adults who have been told they have high blood pressure by a doctor, nurse, or other health professional							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2027	412,890	1230	67.7	65.2-70.2	797	32.3	29.8-34.8

BLOODCHO: Blood cholesterol is a fatty substance found in the blood. Have you EVER had your blood cholesterol checked?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1992	403,340	1782	82.5	79.8-85.2	210	17.5	14.8-20.2

_CHOLCHK: Cholesterol check within past five years										
RESPONDENT NUMBER		Had cholesterol checked in past 5 years			Did not have cholesterol checked in past 5 years			Have never had cholesterol checked		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1971	400,221	1709	80.1	77.4-82.8	52	2.3	1.30-3.30	210	17.6	14.9-20.3

_RFCHOL: Adults who have had their cholesterol checked and have been told by a doctor, nurse, or other health professional that it was high							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1775	331,883	1035	61.2	58.3-64.1	740	38.8	35.9-41.7

CVDINFR4: (Ever told) you had a heart attack, also called a myocardial infarction?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2029	413,661	87	2.6	2.00-3.20	1942	97.4	96.8-98.0

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
New Castle County, Delaware

CVDCRHD4: (Ever told) you had angina or coronary heart disease?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2023	412,735	95	3.0	2.20-3.80	1928	97.0	96.2-97.8

CVDSTRK3: (Ever told) you had a stroke.							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2029	413,695	79	3.4	2.20-4.60	1950	96.6	95.4-97.8

_LTASTH1: Adults who have ever been told they have asthma							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2030	413,731	1765	86.7	84.7-88.7	265	13.3	11.3-15.3

_CASTHM1: Adults who have been told they currently have asthma							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2027	413,342	1843	90.5	88.7-92.3	184	9.5	7.70-11.3

_DRDXAR1: Respondents that have had a doctor diagnose them as having some form of arthritis							
RESPONDENT NUMBER		Diagnosed with arthritis			Not diagnosed with arthritis		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2029	413,632	597	22.2	20.0-24.4	1432	77.8	75.6-80.0

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
New Castle County, Delaware

DIABETE3: (Ever told) you have diabetes													
RESPONDENT NUMBER		Yes			Yes, but female told only during pregnancy			No			No, pre-diabetes or borderline diabetes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
2027	413,163	220	8.5	7.10-9.90	13	0.9	0.30-1.50	1765	89.3	87.5-91.1	29	1.4	0.80-2.00

CHCSCNCR: (Ever told) you had skin cancer?								
RESPONDENT NUMBER		Yes			No			
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	
2029	413,701	174	5.7	4.70-6.70	1855	94.3	93.3-95.3	

CHCOCNCR: (Ever told) you had any other types of cancer?								
RESPONDENT NUMBER		Yes			No			
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	
2029	413,555	193	7.2	5.80-8.60	1836	92.8	91.4-94.2	

CHCCOPD: (Ever told) you have (COPD) chronic obstructive pulmonary disease, emphysema or chronic bronchitis?								
RESPONDENT NUMBER		Yes			No			
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	
2027	412,755	98	3.7	2.70-4.70	1929	96.3	95.3-97.3	

CHCKIDNY: (Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence.								
RESPONDENT NUMBER		Yes			No			
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	
2029	413,588	61	2.5	1.70-3.30	1968	97.5	96.7-98.3	

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
New Castle County, Delaware

CHCVISON: Has a doctor, nurse or other health professional ever said that you have vision impairment in one or both eyes, even when wearing glasses?										
RESPONDENT NUMBER		Yes			No			Respondent is blind		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
2027	413,186	469	19.9	17.7-22.1	1553	79.8	77.6-82.0	5	0.3	0.00-0.70

ADDEPEV2: (Ever told) you that you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2027	413,434	290	13.7	11.7-15.7	1737	86.3	84.3-88.3

_RFSMOK3: Adults who are current smokers							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2028	413,314	1694	78.8	76.1-81.5	334	21.2	18.5-23.9

_SMOKER3: Four-level smoker status: Everyday smoker, Someday smoker, Former smoker, Non-smoker													
RESPONDENT NUMBER		Current smoker - now smokes every day			Current smoker - now smokes some days			Former smoker			Never smoked		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
2028	413,314	236	15.4	13.0-17.8	98	5.9	4.30-7.50	647	26.5	24.1-28.9	1047	52.3	49.4-55.2

_BMI5CAT: Four-categories of Body Mass Index (BMI)													
RESPONDENT NUMBER		Underweight			Normal Weight			Overweight			Obese		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1939	395,406	42	2.0	1.20-2.80	698	37.0	34.1-39.9	699	35.9	33.0-38.8	500	25.1	22.6-27.6

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_PAINDEX: Physical Activity Index							
RESPONDENT NUMBER		Meet Aerobic Recommendations			Do Not Meet Aerobic Recommendations		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1920	392,342	964	51.2	48.1-54.3	956	48.8	45.7-51.9

_PASTRNG: Muscle Strengthening Recommendation							
RESPONDENT NUMBER		Meet muscle strengthening recommendations			Did not meet muscle strengthening recommendations		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1967	401,347	634	33.1	30.2-36.0	1333	66.9	64.0-69.8

_PASTAER: Aerobic and Strengthening (2-level)							
RESPONDENT NUMBER		Met Both Guidelines			Did Not Meet Both Guidelines		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1885	386,421	415	22.5	19.8-25.2	1470	77.5	74.8-80.2

QLACTLM2: Are you limited in any way in any activities because of physical, mental, or emotional problems?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1999	407,957	470	19.1	16.9-21.3	1529	80.9	78.7-83.1

USEEQUIP: Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2002	408,245	177	6.5	5.10-7.90	1825	93.5	92.1-94.9

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_RFSEAT2: Always or Nearly Always Wear Seat Belts Calculated Variable							
RESPONDENT NUMBER		Always or Almost Always Wear Seat Belt			Sometimes, Seldom, or Never Wear Seat Belt		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
2002	408,257	1929	94.7	92.9-96.5	73	5.3	3.50-7.10

_FLSHOT5: Adults aged 65+ who have had a flu shot within the past year							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
538	66,447	362	62.9	57.4-68.4	176	37.1	31.6-42.6

_PNEUMO2: Adults aged 65+ who have ever had a pneumonia vaccination							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
522	64,570	381	68.1	62.6-73.6	141	31.9	26.4-37.4

DRNKANY5: Adults that report having had at least one drink of alcohol in the past 30 days.							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1978	404,426	1220	62.5	59.6-65.4	758	37.5	34.6-40.4

_RFBING5: Binge drinkers (males having five or more drinks on one occasion, females having four or more drinks on one occasion)							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1968	402,899	1637	77.7	75.0-80.4	331	22.3	19.6-25.0

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_RFDRHV4: Heavy drinkers (adult men having more than two drinks per day and adult women having more than one drink per day)							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1966	400,296	1819	91.7	89.7-93.7	147	8.3	6.30-10.3

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# Behavioral Risk Factor Surveillance System

Delaware

Kent

2011 County Data Report

BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Kent County, Delaware

GENHLTH: Would you say that in general your health is:																
RESPONDENT NUMBER		Excellent			Very good			Good			Fair			Poor		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1414	121,805	191	13.9	11.0-16.8	455	32.6	28.9-36.3	503	37.5	33.4-41.6	184	11.7	9.30-14.1	81	4.3	3.10-5.50

_RFHLTH: Adults with good or better health							
RESPONDENT NUMBER		Good or Better Health			Fair or Poor Health		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1414	121,805	1149	84.0	81.5-86.5	265	16.0	13.5-18.5

HLTHPLN1: Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare, or Indian Health Service?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1411	121,516	1298	86.5	82.8-90.2	113	13.5	9.80-17.2

_HCVU651: Respondents aged 18-64 that have any form of health care coverage							
RESPONDENT NUMBER		Have health care coverage			Do not have health care coverage		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
949	98,180	838	83.3	79.0-87.6	111	16.7	12.4-21.0

_TOTINDA: Adults that report doing physical activity or exercise during the past 30 days other than their regular job							
RESPONDENT NUMBER		Had physical activity or exercise			No physical activity or exercise in last 30 days		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1400	121,067	972	67.9	63.8-72.0	428	32.1	28.0-36.2

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Kent County, Delaware

_RFHYPE5: Adults who have been told they have high blood pressure by a doctor, nurse, or other health professional							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1415	121,828	787	60.8	56.9-64.7	628	39.2	35.3-43.1

BLOODCHO: Blood cholesterol is a fatty substance found in the blood. Have you EVER had your blood cholesterol checked?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1399	119,900	1253	81.5	77.8-85.2	146	18.5	14.8-22.2

_CHOLCHK: Cholesterol check within past five years										
RESPONDENT NUMBER		Had cholesterol checked in past 5 years			Did not have cholesterol checked in past 5 years			Have never had cholesterol checked		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1387	119,341	1216	79.7	76.0-83.4	25	1.7	0.90-2.50	146	18.6	14.9-22.3

_RFCHOL: Adults who have had their cholesterol checked and have been told by a doctor, nurse, or other health professional that it was high							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1248	97,414	688	59.5	55.4-63.6	560	40.5	36.4-44.6

CVDINFR4: (Ever told) you had a heart attack, also called a myocardial infarction?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1413	121,754	72	4.1	2.30-5.90	1341	95.9	94.1-97.7

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Kent County, Delaware

CVDCRHD4: (Ever told) you had angina or coronary heart disease?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1410	121,464	93	4.5	3.30-5.70	1317	95.5	94.3-96.7

CVDSTRK3: (Ever told) you had a stroke.							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1414	121,778	57	2.4	1.60-3.20	1357	97.6	96.8-98.4

_LTASTH1: Adults who have ever been told they have asthma							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1408	121,322	1204	83.6	80.5-86.7	204	16.4	13.3-19.5

_CASTHM1: Adults who have been told they currently have asthma							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1407	121,274	1258	88.8	86.3-91.3	149	11.2	8.70-13.7

_DRDXAR1: Respondents that have had a doctor diagnose them as having some form of arthritis							
RESPONDENT NUMBER		Diagnosed with arthritis			Not diagnosed with arthritis		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1410	121,417	529	29.9	26.6-33.2	881	70.1	66.8-73.4

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Kent County, Delaware

DIABETE3: (Ever told) you have diabetes													
RESPONDENT NUMBER		Yes			Yes, but female told only during pregnancy			No			No, pre-diabetes or borderline diabetes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1415	121,828	208	12.1	9.90-14.3	7	0.3	0.10-0.50	1179	86.6	84.4-88.8	21	1.0	0.60-1.40

CHCSCNCR: (Ever told) you had skin cancer?								
RESPONDENT NUMBER		Yes			No			
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	
1414	121,764	127	5.4	4.20-6.60	1287	94.6	93.4-95.8	

CHCOCNCR: (Ever told) you had any other types of cancer?								
RESPONDENT NUMBER		Yes			No			
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	
1413	121,350	139	6.5	4.70-8.30	1274	93.5	91.7-95.3	

CHCCOPD: (Ever told) you have (COPD) chronic obstructive pulmonary disease, emphysema or chronic bronchitis?								
RESPONDENT NUMBER		Yes			No			
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	
1415	121,828	130	6.7	5.10-8.30	1285	93.3	91.7-94.9	

CHCKIDNY: (Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence.								
RESPONDENT NUMBER		Yes			No			
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	
1414	121,813	45	2.7	1.50-3.90	1369	97.3	96.1-98.5	

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Kent County, Delaware

CHCVISON: Has a doctor, nurse or other health professional ever said that you have vision impairment in one or both eyes, even when wearing glasses?										
RESPONDENT NUMBER		Yes			No			Respondent is blind		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1413	121,760	332	20.9	17.6-24.2	1080	79.1	75.8-82.4	1	0.0	0.00-0.00

ADDEPEV2: (Ever told) you that you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1414	121,689	223	15.1	12.0-18.2	1191	84.9	81.8-88.0

_RFSMOK3: Adults who are current smokers							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1407	121,244	1131	74.9	70.8-79.0	276	25.1	21.0-29.2

_SMOKER3: Four-level smoker status: Everyday smoker, Someday smoker, Former smoker, Non-smoker													
RESPONDENT NUMBER		Current smoker - now smokes every day			Current smoker - now smokes some days			Former smoker			Never smoked		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1407	121,244	219	19.6	15.7-23.5	57	5.5	3.30-7.70	450	27.2	23.9-30.5	681	47.7	43.8-51.6

_BMI5CAT: Four-categories of Body Mass Index (BMI)													
RESPONDENT NUMBER		Underweight			Normal Weight			Overweight			Obese		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1329	114,586	12	0.9	0.30-1.50	394	30.7	26.6-34.8	457	35.0	31.1-38.9	466	33.4	29.7-37.1

NOTE:

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Kent County, Delaware

_PAINDEX: Physical Activity Index							
RESPONDENT NUMBER		Meet Aerobic Recommendations			Do Not Meet Aerobic Recommendations		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1330	114,694	581	40.5	36.6-44.4	749	59.5	55.6-63.4

_PASTRNG: Muscle Strengthening Recommendation							
RESPONDENT NUMBER		Meet muscle strengthening recommendations			Did not meet muscle strengthening recommendations		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1374	119,433	379	32.8	28.5-37.1	995	67.2	62.9-71.5

_PASTAER: Aerobic and Strengthening (2-level)							
RESPONDENT NUMBER		Met Both Guidelines			Did Not Meet Both Guidelines		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1310	113,460	232	19.7	16.4-23.0	1078	80.3	77.0-83.6

QLACTLM2: Are you limited in any way in any activities because of physical, mental, or emotional problems?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1392	120,327	391	25.3	22.0-28.6	1001	74.7	71.4-78.0

USEEQUIP: Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1395	120,735	163	8.3	6.50-10.1	1232	91.7	89.9-93.5

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Kent County, Delaware

_RFSEAT2: Always or Nearly Always Wear Seat Belts Calculated Variable							
RESPONDENT NUMBER		Always or Almost Always Wear Seat Belt			Sometimes, Seldom, or Never Wear Seat Belt		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1391	120,520	1358	96.9	95.3-98.5	33	3.1	1.50-4.70

_FLSHOT5: Adults aged 65+ who have had a flu shot within the past year							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
434	21,763	276	59.3	52.8-65.8	158	40.7	34.2-47.2

_PNEUMO2: Adults aged 65+ who have ever had a pneumonia vaccination							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
419	20,866	307	69.6	62.9-76.3	112	30.4	23.7-37.1

DRNKANY5: Adults that report having had at least one drink of alcohol in the past 30 days.							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1371	119,213	685	52.1	48.0-56.2	686	47.9	43.8-52.0

_RFBING5: Binge drinkers (males having five or more drinks on one occasion, females having four or more drinks on one occasion)							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1362	118,307	1196	83.8	80.3-87.3	166	16.2	12.7-19.7

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Kent County, Delaware

_RFDRHV4: Heavy drinkers (adult men having more than two drinks per day and adult women having more than one drink per day)							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1366	117,975	1297	95.4	94.0-96.8	69	4.6	3.20-6.00

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# Behavioral Risk Factor Surveillance System

Delaware

Sussex

2011 County Data Report

BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Sussex County, Delaware

GENHLTH: Would you say that in general your health is:																
RESPONDENT NUMBER		Excellent			Very good			Good			Fair			Poor		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1330	156,963	204	15.5	12.8-18.2	456	34.2	30.7-37.7	423	31.7	28.2-35.2	172	12.6	10.2-15.0	75	6.0	4.20-7.80

_RFHLTH: Adults with good or better health							
RESPONDENT NUMBER		Good or Better Health			Fair or Poor Health		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1330	156,963	1083	81.4	78.5-84.3	247	18.6	15.7-21.5

HLTHPLN1: Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare, or Indian Health Service?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1330	156,625	1212	86.2	83.1-89.3	118	13.8	10.7-16.9

_HCVU651: Respondents aged 18-64 that have any form of health care coverage							
RESPONDENT NUMBER		Have health care coverage			Do not have health care coverage		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
762	111,084	655	82.2	78.1-86.3	107	17.8	13.7-21.9

_TOTINDA: Adults that report doing physical activity or exercise during the past 30 days other than their regular job							
RESPONDENT NUMBER		Had physical activity or exercise			No physical activity or exercise in last 30 days		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1320	156,300	938	68.6	65.1-72.1	382	31.4	27.9-34.9

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Sussex County, Delaware

_RFHYPE5: Adults who have been told they have high blood pressure by a doctor, nurse, or other health professional							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1329	156,718	720	61.6	58.3-64.9	609	38.4	35.1-41.7

BLOODCHO: Blood cholesterol is a fatty substance found in the blood. Have you EVER had your blood cholesterol checked?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1305	152,266	1213	88.5	85.4-91.6	92	11.5	8.40-14.6

_CHOLCHK: Cholesterol check within past five years										
RESPONDENT NUMBER		Had cholesterol checked in past 5 years			Did not have cholesterol checked in past 5 years			Have never had cholesterol checked		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1296	151,314	1166	85.7	82.6-88.8	38	2.7	1.50-3.90	92	11.6	8.50-14.7

_RFCHOL: Adults who have had their cholesterol checked and have been told by a doctor, nurse, or other health professional that it was high							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1208	134,425	599	54.9	51.2-58.6	609	45.1	41.4-48.8

CVDINFR4: (Ever told) you had a heart attack, also called a myocardial infarction?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1327	156,742	98	6.8	4.80-8.80	1229	93.2	91.2-95.2

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Sussex County, Delaware

CVDCRHD4: (Ever told) you had angina or coronary heart disease?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1326	156,654	86	5.6	4.20-7.00	1240	94.4	93.0-95.8

CVDSTRK3: (Ever told) you had a stroke.							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1329	156,907	60	3.4	2.40-4.40	1269	96.6	95.6-97.6

_LTASTH1: Adults who have ever been told they have asthma							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1331	157,105	1174	86.8	84.3-89.3	157	13.2	10.7-15.7

_CASTHM1: Adults who have been told they currently have asthma							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1330	157,008	1215	90.9	88.7-93.1	115	9.1	6.90-11.3

_DRDXAR1: Respondents that have had a doctor diagnose them as having some form of arthritis							
RESPONDENT NUMBER		Diagnosed with arthritis			Not diagnosed with arthritis		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1329	156,914	515	33.6	30.3-36.9	814	66.4	63.1-69.7

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Sussex County, Delaware

DIABETE3: (Ever told) you have diabetes													
RESPONDENT NUMBER		Yes			Yes, but female told only during pregnancy			No			No, pre-diabetes or borderline diabetes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1330	156,989	174	10.7	8.70-12.7	5	0.3	0.10-0.50	1128	87.8	85.8-89.8	23	1.3	0.70-1.90

CHCSCNCR: (Ever told) you had skin cancer?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1330	157,024	175	9.5	7.70-11.3	1155	90.5	88.7-92.3

CHCOCNCR: (Ever told) you had any other types of cancer?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1330	157,058	147	9.0	7.20-10.8	1183	91.0	89.2-92.8

CHCCOPD: (Ever told) you have (COPD) chronic obstructive pulmonary disease, emphysema or chronic bronchitis?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1328	156,823	124	8.1	6.30-9.90	1204	91.9	90.1-93.7

CHCKIDNY: (Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence.							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1327	156,257	39	2.2	1.40-3.00	1288	97.8	97.0-98.6

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Sussex County, Delaware

CHCVISON: Has a doctor, nurse or other health professional ever said that you have vision impairment in one or both eyes, even when wearing glasses?										
RESPONDENT NUMBER		Yes			No			Respondent is blind		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1328	156,871	362	26.4	23.1-29.7	964	73.6	70.3-76.9	2	0.0	0.00-0.00

ADDEPEV2: (Ever told) you that you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1332	157,169	189	14.8	12.1-17.5	1143	85.2	82.5-87.9

_RFSMOK3: Adults who are current smokers							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1327	156,702	1098	79.0	75.9-82.1	229	21.0	17.9-24.1

_SMOKER3: Four-level smoker status: Everyday smoker, Someday smoker, Former smoker, Non-smoker													
RESPONDENT NUMBER		Current smoker - now smokes every day			Current smoker - now smokes some days			Former smoker			Never smoked		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1327	156,702	173	16.3	13.4-19.2	56	4.7	3.10-6.30	499	33.9	30.6-37.2	599	45.1	41.4-48.8

_BMI5CAT: Four-categories of Body Mass Index (BMI)													
RESPONDENT NUMBER		Underweight			Normal Weight			Overweight			Obese		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)	N	%	C.I. (95%)
1262	149,495	24	1.7	0.70-2.70	400	31.4	27.9-34.9	450	33.3	30.0-36.6	388	33.7	30.2-37.2

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Sussex County, Delaware

_PAINDEX: Physical Activity Index							
RESPONDENT NUMBER		Meet Aerobic Recommendations			Do Not Meet Aerobic Recommendations		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1261	149,023	615	46.9	43.2-50.6	646	53.1	49.4-56.8

_PASTRNG: Muscle Strengthening Recommendation							
RESPONDENT NUMBER		Meet muscle strengthening recommendations			Did not meet muscle strengthening recommendations		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1305	154,853	355	29.5	26.0-33.0	950	70.5	67.0-74.0

_PASTAER: Aerobic and Strengthening (2-level)							
RESPONDENT NUMBER		Met Both Guidelines			Did Not Meet Both Guidelines		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1246	147,549	237	19.4	16.5-22.3	1009	80.6	77.7-83.5

QLACTLM2: Are you limited in any way in any activities because of physical, mental, or emotional problems?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1318	155,451	368	24.8	21.9-27.7	950	75.2	72.3-78.1

USEEQUIP: Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1318	156,073	155	8.6	6.80-10.4	1163	91.4	89.6-93.2

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Sussex County, Delaware

<b>_RFSEAT2: Always or Nearly Always Wear Seat Belts Calculated Variable</b>							
RESPONDENT NUMBER		Always or Almost Always Wear Seat Belt			Sometimes, Seldom, or Never Wear Seat Belt		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1319	156,306	1282	95.9	94.3-97.5	37	4.1	2.50-5.70

<b>_FLSHOT5: Adults aged 65+ who have had a flu shot within the past year</b>							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
540	42,880	375	66.7	62.0-71.4	165	33.3	28.6-38.0

<b>_PNEUMO2: Adults aged 65+ who have ever had a pneumonia vaccination</b>							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
524	41,441	394	72.1	67.4-76.8	130	27.9	23.2-32.6

<b>DRNKANY5: Adults that report having had at least one drink of alcohol in the past 30 days.</b>							
RESPONDENT NUMBER		Yes			No		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1296	152,143	717	56.3	52.6-60.0	579	43.7	40.0-47.4

<b>_RFBING5: Binge drinkers (males having five or more drinks on one occasion, females having four or more drinks on one occasion)</b>							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1287	150,889	1132	82.7	79.6-85.8	155	17.3	14.2-20.4

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BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM  
Sussex County, Delaware

_RFDRHV4: Heavy drinkers (adult men having more than two drinks per day and adult women having more than one drink per day)							
RESPONDENT NUMBER		No			Yes		
TOTAL	WEIGHTED	N	%	C.I. (95%)	N	%	C.I. (95%)
1290	151,321	1214	92.8	90.8-94.8	76	7.2	5.20-9.20

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