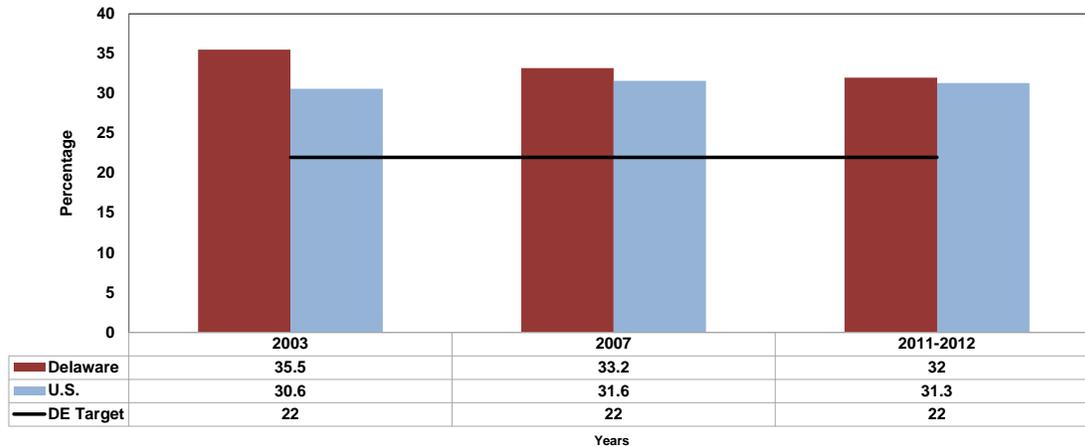




Obesity Prevalence - Children
 Top Level Outcome Measure



Interpretation

From 2003 to 2012, Delaware experienced a downward trend in the reported prevalence of childhood obesity, decreasing from 35.5 percent in 2003 to 32 percent in 2011-2012. By comparison, the prevalence of childhood obesity in the U.S. rate increased from 30.6 percent in 2003 to 31.3 percent in 2011-2012. The prevalence of childhood obesity is slightly higher in Delaware than the U.S.; however, Delaware is reporting a decreasing trend while the U.S. trend appears relatively stable.

Addressing the health issue

Obesity is a concern in Delaware as well as the U.S. There are several complex factors that affect obesity: individual risks, cultural and economic factors, and environmental and food industry influences. Through the Physical Activity, Nutrition, and Obesity Prevention Program (PANO), information and resources are made available about the health consequences of obesity, physical activity recommendations for adults and children, and healthy eating and weight loss suggestions.

¹ Obesity= Percent age of children age 10-17 years who are overweight or obese (BMI for age at or above 85th percentile).
² Time intervals were reported by the National Children's Health Survey for these statistics. Note that the intervals are not continuous years.
³ The Delaware target was established in DPH's Strategic Plan to be met by 2020 and reflects the Healthy People 2020 goal. The Delaware target spans prior years as an arbitrary comparison of previous years' statistics with the current target.
⁴ Source: National Children's Health Survey.