



DSCYF
Department of Services for
Children Youth & Their Families

Youth Behavioral Health Presentation to the Delaware Healthcare Commission

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Today's Agenda

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Overview of the Department of Services for Children, Youth, and their Families and Division of Prevention and Behavioral Health Services

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Service Eligibility

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DPBHS' FY24 Accomplishments

4

Continuum of Services and Youth Served



DSCYF: Safe and Healthy Children, Resilient Families, Strong Communities

- DSCYF's mission is to *engage families and communities to promote the safety and well-being of children through prevention, intervention, treatment, and rehabilitative services*
- 4 Divisions with approximately 1400 employees
 - Division of Family Services
 - Division of Youth Rehabilitative Services
 - Division of Prevention and Behavioral Health
 - Division of Management Support Services





Division of Prevention and Behavioral Health Services

Our Mission

To develop and support a family-driven, youth-guided, trauma-informed prevention and behavioral health system of care

Our Vision

Resilient children and families living in supportive communities

Our Framework

Systems of Care and Trauma Informed Approach



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DPBHS Services and Eligibility

DPBHS provides **voluntary** behavioral health **prevention, early intervention and treatment services** for **Delaware** children.

- **Prevention** services available to all Delaware youth.
- **Early intervention** for Delaware children by referral from early learning centers and schools.
- Crisis intervention available to all children in Delaware (mobile crisis - MRSS).
- **Treatment** services for Delaware children covered by Medicaid or uninsured.

Most treatment services are provided through contracts with in-state and out-of-state providers. DSCYF runs two treatment facilities:

- **Silver Lake Treatment Consortium (Odessa House and Middletown Manor)**
- **Terry Children's Center (Crisis Bed & Diagnostic Stabilization Programs)**



DPBHS FY24 Accomplishments

- Several prevention, early intervention, and treatment RFPs resulted in 23 new contracts and 44 renewed agreements with current providers
- State-wide expansion of Trauma Response for Youth (TRY)
- Expansion of youth peer support in mobile crisis response program
- Training in new evidence-based practices (EBPs) to staff and provider network
- Diagnostic and stabilization program and Wharton Hall renovation
- Continued suicide prevention media campaign, over 41 million impressions
- Substance use needs assessment
- Increased data reporting requirements for providers and performance measures for all division units



Diagnostic and Stabilization Unit

- Building (Wharton Hall) on the DSCYF administrative campus is under renovation with completion anticipated in early 2025.
- 10 crisis beds serving youth ages 7 to 17
- 6 diagnostic assessment and stabilization beds serving youth ages 12 to 17
 - Will provide additional psychological evaluation, behavioral assessment, and stabilization of high-risk behaviors with the goal of transitioning back to a home environment
- 24/7 nursing care and behavioral analyst
- Terry Children's Center programming moving to Wharton Hall.



DPBHS Prevention Services

Prevention services provided directly by DPBHS includes:

- Intensive Family Consultation (IFC)
- Birth to Three (B23)
- Building Bridges Conference
- Prevention Helpline, community outreach

Most prevention services are offered by contracted providers, primarily funded through block grants and SOR funding. Programming includes:

- Youth Response Unit (YRU) and Trauma Response for Youth (TRY)
- Helping Hands and Promoting Safe and Stable Families (PSSF)
- Out of school time and extended hours prevention programming
- Coaches versus Overdoses, SPORT, Botvin, Guiding Good Choices, Stand Together, Speak Up Be Safe



DPBHS Early Intervention Services

Early intervention services are offered in schools throughout the state.

- **Early Childhood Mental Health Consultants (ECMHC's)** – 14 licensed clinicians; youth/families served are referred by early learning centers and schools
- **Family and Student Interventionists (FSI's)** –in 54 elementary schools
 - Positive Actions for case management and social/emotional learning
 - Summer programming (450 youth served last summer over four weeks)
- **Behavioral Health Consultants (BHC's)** – in 30 middle schools



Early Intervention: Number of Youth & Families Served

Program	Youth Served	Referral Reasons	w/Youth & Family	w/School Staff
ECMHCs	151 early learning centers	Aggression, defiance, developmental concerns, emotional regulation, autism concern	318 child-specific consultations	191 classroom-focused; 161 trainings to 1,083 staff
FSIs/K5	1,074	Behavior, emotional concerns, family issues	97,853 contacts (25% to families)	
BHCs	489	Relational (peers/family), anxiety, depression	5,387	2,164



Treatment: Number of Youth & Families Served

Type of Service	FY22	FY23	FY24
Across all services	3708	3663	3538
Mobile Crisis (MRSS)	2620	2276	1890
MRSS with no other service	1709	1498	1232
Community-based treatment	1474	1541	1769
Psychiatric inpatient Hospital	968	1088	969
Residential in-state	41	41	27
Residential out-of-state (PRTF)	60	38	34
Crisis bed	25	16	17



DPBHS Treatment Continuum of Services

- Community-based, intensive outpatient treatment services
- Partial-hospital programs
- Inpatient psychiatric hospitals
- Residential Treatment
- Crisis-bed program
- Mobile Response and Stabilization Service (MRSS)

Expenditures FY24
\$10,759,124
\$2,759,833
\$17,591,898
\$4,309,204
\$612,509
\$3,615,091
\$39,647,659



Mobile Response Stabilization Services

Mobile Response and Stabilization Services (MRSS) are provided to any youth under 18 who is physically present in the state and requires assessment regarding imminent danger to self or others as a result of a mental health or substance use disorder.

Mobile Crisis

1-800-969-HELP (4357)

available 24/7



DPBHS Intake Unit

This unit receives and processes requests for behavioral health treatment services. Families, providers, and schools may call this unit to determine service eligibility and apply for PBHS services. The unit also helps families by providing information about other programs and services.

**Referrals can be made by 1-800-722-7710
or sending an email to DSCYF_Intake_General@delaware.gov**



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