



DSCYF
Department of Services for
Children Youth & Their Families

Youth Behavioral Health Presentation to the Delaware Healthcare Commission

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Today's Agenda

1

Overview of the Department of Services for Children, Youth, and their Families and Division of Prevention and Behavioral Health Services

2

Service Eligibility

3

Continuum of Services and Youth Served

4

Highlighted Prevention & Treatment Programs



About DSCYF

Created in 1983 to enable efficient services for children and families experiencing child maltreatment, delinquency and behavioral health challenges by avoiding fragmentation and duplication

- Mission: *To engage families and communities to promote the safety and well-being of children through prevention, intervention, treatment, and rehabilitative services*
- 4 Divisions (DFS, DYRS, DPBHS, DMSS) with approximately 1400 employees





Division of Prevention and Behavioral Health Services

Our Mission

To develop and support a family-driven, youth-guided, trauma-informed prevention and behavioral health system of care

Our Vision

Resilient children and families living in supportive communities

Our Framework

Systems of Care and Trauma Informed Approach



DPBHS Services and Eligibility

DPBHS provides **voluntary** behavioral health **prevention, early intervention and treatment services** for **Delaware** children.

- **Prevention** services available to all Delaware youth.
- **Early intervention** for Delaware children by referral from early learning centers and schools.
- Crisis intervention available to all children in Delaware (mobile crisis - MRSS).
- **Treatment** services for Delaware children covered by Medicaid or uninsured.

Most treatment services are provided through contracts with in-state and out-of-state providers. Contracted providers can decline to accept referrals. Exceptions are two DSCYF run facilities:

- **Silver Lake Treatment Consortium (Odessa House and Middletown Manor)**
- **Terry Children's Center (Crisis Bed & Diagnostic Stabilization Programs)**



DPBHS Prevention Services

Prevention services provided directly by DPBHS includes:

- Intensive Family Consultation (IFC)
- Birth to Three (B23)
- Building Bridges Conference (April 29th and 30th)
- Prevention Helpline, community outreach

Most prevention services are offered by contracted providers, primarily funded through block grants and SOR funding. Programming includes:

- Youth Response Unit (YRU) and Trauma Response for Youth (TRY)
- Helping Hands and Promoting Safe and Stable Families (PSSF)
- Out of school time and extended hours prevention programming
- Coaches versus Overdoses, SPORT, Botvin, Guiding Good Choices
- Stand Together pilot



DPBHS Early Intervention Services

Early intervention services are offered in schools throughout the state.

- **Early Childhood Mental Health Consultants (ECMHC's)** – 14 licensed clinicians; youth/families served are referred by early learning centers and schools
- **Family and Student Interventionists (FSI's)** –in 54 elementary schools
 - Positive Actions for case management and social/emotional learning
 - Summer programming (450 youth served last summer over four weeks)
- **Behavioral Health Consultants (BHC's)** – in 31 middle schools



Early Intervention: Number of Youth & Families Served

Program	Youth Served	Referral Reasons	w/Youth & Family	w/School Staff
ECMHCs	137 early learning centers	Aggression, defiance, developmental concerns, emotional regulation, teacher stress	239 child-specific	206 classroom-focused; 207 trainings to 1,049 staff
FSIs/K5	1,008	Behavior, emotional concerns, family issues	79,697 (25% to families)	
BHCs	598	Relational (peers/family), depression, anxiety	6,096	2,386



DPBHS Treatment Continuum of Services

- Community-based, intensive outpatient treatment services
- Partial-hospital programs
- Inpatient psychiatric hospitals
- Residential Treatment
 - Out-of-state psychiatric residential treatment facilities (PRTF)
 - In-state residential treatment facilities
- Crisis-bed program
- Mobile Response and Stabilization Service (MRSS)

Claims Paid FY23	
	\$8,012,711
	\$1,128,193
	\$13,608,515
	\$1,964,908
	\$1,852,679
	\$363,214
	\$3,187,790
	\$30,118,010



Treatment: Number of Youth & Families Served

Type of Service	FY22	FY23
Across All Services	3707	3641
Community-based Treatment	1460	1513
Inpatient Hospital	968	1075
Residential	101	73
PRTF/Out-of-state Residential	60	38
In-state Residential	41	41
Crisis Bed Program	25	16
MRSS	2620	2276



DPBHS Current Expansions and Initiatives

- Expansion of Trauma Response for Youth (TRY)
- Stand Together pilot
- Expansion of youth peer support
- Addition of new service providers
- Training in new evidence-based practices (EBPs) to staff and provider network
- Substance use treatment needs assessment
- Expansion of crisis beds
- Diagnostic and stabilization program and Wharton Hall renovation



Diagnostic and Stabilization Unit

- Programming at the Terry Children Center is currently transitioning to that of the Diagnostic and Stabilization Unit.
- Building (Wharton Hall) on the DSCYF administrative campus is under renovation with completion anticipated in early 2025.
- 10 crisis beds serving youth ages 7 to 17
- 6 diagnostic assessment and stabilization beds serving youth ages 12 to 17
 - Will provide additional psychological evaluation, behavioral assessment, and stabilization of high-risk behaviors with the goal of transitioning back to a home environment
- Adding 24/7 nursing care and behavioral analyst



DSCYF PREVENTION CAMPAIGN

2023

8-month campaign produced:

- 17.7 million impressions
- 28,000 unique visits to the campaign website, **de.gov/notalone**

2024

- Strategic marketing to reach BIPOC youth and families
- Include content focused on reducing access to lethal means

It's okay to...
ASK
for help.



You are not alone.

#NotAloneDE

Text DE to 741-741
or Call 1-800-969-HELP (4357)

Learn more at de.gov/notalone



Mobile Response Stabilization Services

Mobile Response and Stabilization Services (MRSS) are provided to any youth under 18 who is physically present in the state and requires assessment regarding imminent danger to self or others as a result of a mental health or substance use disorder.

Mobile Crisis

1-800-969-HELP (4357)
available 24/7



DPBHS Intake Unit

This unit receives and processes requests for behavioral health treatment services. Families, providers, and schools may call this unit to determine service eligibility and apply for PBHS services. The unit also helps families by providing information about other programs and services.

**Referrals can be made by 1-800-722-7710
or sending an email to DSCYF_Intake_General@delaware.gov**



Contact Us

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Questions?

