

Mental Health Professionals in Delaware

Delaware Health Care Commission
03/04/2021

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2019 DELAWARE MENTAL HEALTH PROFESSIONAL SURVEY Commissioned by Delaware Department of Health and Social Services (CADSRID)

INSTRUCTIONS

Mail your completed form in the attached prepaid envelope to:

University of Delaware
CADSR - Graham Hall
Newark, DE 19716

- Use either a pen or pencil when completing the questionnaire.
- Follow all "SDP" instructions after answering a question. If no instructions are provided, continue to the next question.
- If you have any questions, contact the Center for Applied Demography & Survey Research at the University of Delaware by calling 302-831-3320.

PURPOSE – Results from the survey will be used to help state and local governments along with employers and educational institutions to plan for an adequate supply of health professionals in the state. Your answers will be presented in an aggregate form in a report and utilized for the designation of mental health professional shortage areas in Delaware.

SCOPE – All mental health professionals licensed to practice in the State of Delaware. Even if you do not practice in Delaware please complete the questionnaire.

PARTICIPATION – Your participation is voluntary. However, your responses are important to ensure adequate health care for Delaware's residents.

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<https://www.cadser.udel.edu/projects/DOCUMENTS/mental1408.pdf>

1. Indicate your mental health profession:

- ☐ Psychiatrist
- ☐ Psychologist
- ☐ Licensed Clinical Social Worker
- ☐ Licensed Professional Counselor of Mental Health
- ☐ Chemical Dependency Professional
- ☐ Psychiatric CNS or NP
- ☐ Marriage and Family Therapist
- ☐ Professional Art Therapist
- ☐ Psychological Assistant
- ☐ Associate Counselor of mental Health

2. Are you currently active in any of the described mental health professions (i.e.: seeing patients and/or doing tasks necessary for the care of patients):

- ☐ Yes, in training
- ☐ Yes, working full time
- ☐ Yes, working part time (less than 30 hours/ week)
- ☐ No, retired (GO TO QUESTION 40)
- ☐ No, inactive (GO TO QUESTION 40)
- ☐ No, other (specify): _____ (GO TO QUESTION 40)
- ☐ Not practicing in Delaware (GO TO QUESTION 40)

IF RETIRED, INACTIVE, OTHER, OR NOT PRACTICING IN DELAWARE, PLEASE SKIP QUESTION 40 ON PAGE 4

3. On average, how many hours per week do you spend on each of the following activities:

- _____ Hours - Direct patient care or services and related paperwork
- _____ Hours - Direct management and related paperwork
- _____ Hours - Teaching
- _____ Hours - Research
- _____ Hours - Other (specify): _____

4. Setting of primary employment is (check all that apply):

- ☐ Clinical Care Settings:
 - ☐ Practitioner's Office (solo, partner or group practice)
 - ☐ Hospital (except federal)
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 - ☐ Treatment Facility for the Handicapped or Disabled
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- ☐ Other (specify): _____
- ☐ Federal Health Facility:
 - ☐ Veterans' Administration (VA hospital)
- ☐ Other (specify): _____
- ☐ School:
 - ☐ University or College
 - ☐ Other (specify): _____
- ☐ What kinds of services do you provide? (check all that apply)
 - ☐ Addiction Counseling
 - ☐ Family Counseling
 - ☐ Group Therapy
 - ☐ Individual Counseling
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 - ☐ Medication Assisted Treatment
 - ☐ SBIRT (Screening, Brief Intervention and Referral to Treatment)
 - ☐ Other (specify): _____

CONTINUE ON PAGE 2

29. Are you a mental health professional who can currently prescribe medication in Delaware? (check one)

- ☐ Yes (GO TO QUESTION 30)
- ☐ No (GO TO QUESTION 33)

30. Do you have a DATA 2000 waiver? (check one)

- ☐ Yes
- ☐ No

31. Have you ever prescribed buprenorphine for the treatment of opioid use disorder? (check one)

- ☐ Yes
- ☐ No

32. Please indicate whether or not each of the following are barriers to incorporating buprenorphine into your practice for the treatment of opioid use disorder. (answer all)

- | | YES | NO |
|---|--------------------------|--------------------------|
| 1 Own time constraints to complete the 8 hour waiver training | <input type="checkbox"/> | <input type="checkbox"/> |
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| 9 Attraction of drug users to your practice | <input type="checkbox"/> | <input type="checkbox"/> |
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33. Do you provide charity care (no fee expected) inside your office?

- ☐ Yes
- ☐ No

If NO, what is your range of fees charged?

- ☐ \$0 - \$50
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36. What percentage of your practice's gross fees are unbilled/unreimbursed (includes uncollectables, not charity or discounts)?

Percent of unbilled/unreimbursed gross fees: _____ (percent)

37. Does your currently use Electronic Health Records (EHR) for your patients?

- ☐ Yes
- ☐ No

If NO, do you expect to be using them by the end of the year 2019?

- ☐ Yes
- ☐ No

If NO, why not?: _____

38. Are you aware of the Delaware Health Information Network (DHIN), a service that provides physicians electronic access to clinical health information from the majority of Delaware's hospitals and reference laboratories using one standard format?

- ☐ Yes (GO TO QUESTION 40)
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- ☐ To view/access data from DHIN
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QUESTIONS BELOW PERTAIN TO ALL MENTAL HEALTH PROFESSIONALS LICENSED IN DELAWARE

40. Do you expect to be active in your chosen profession in Delaware 5 years from now?

- ☐ Yes
- ☐ No
- ☐ Unsure

41. What was your state (or country if applicable) of residence at time of high school graduation?

State (country if applicable) _____

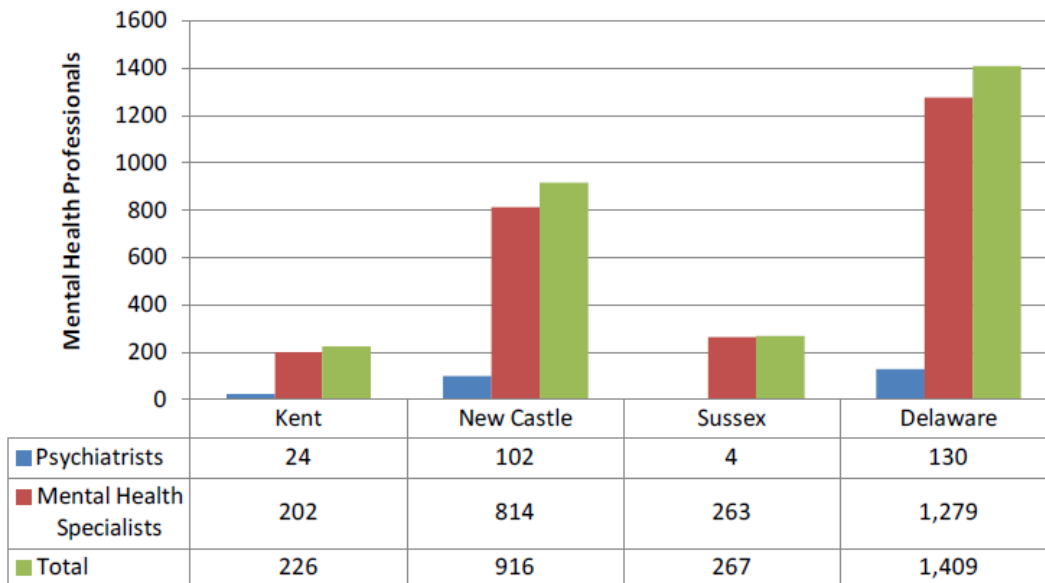
42. From which college/university did you graduate?

Name of school _____ Year (YYYY) _____
State (country if applicable) _____

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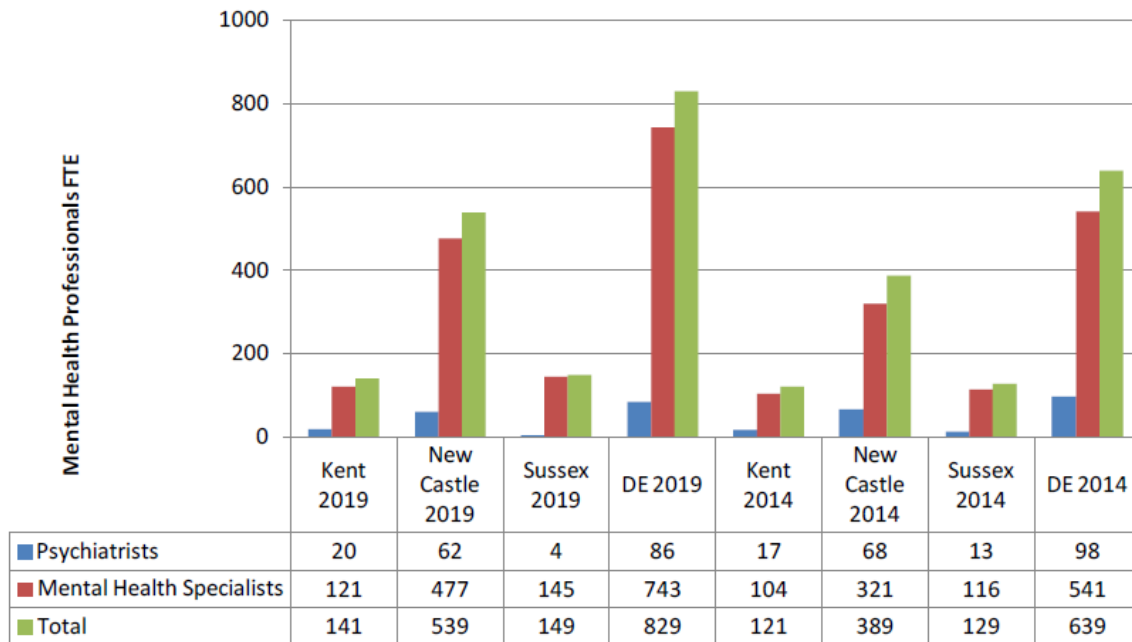


Figure 2.1
Number of Mental Health Professionals by County, Delaware, 2019



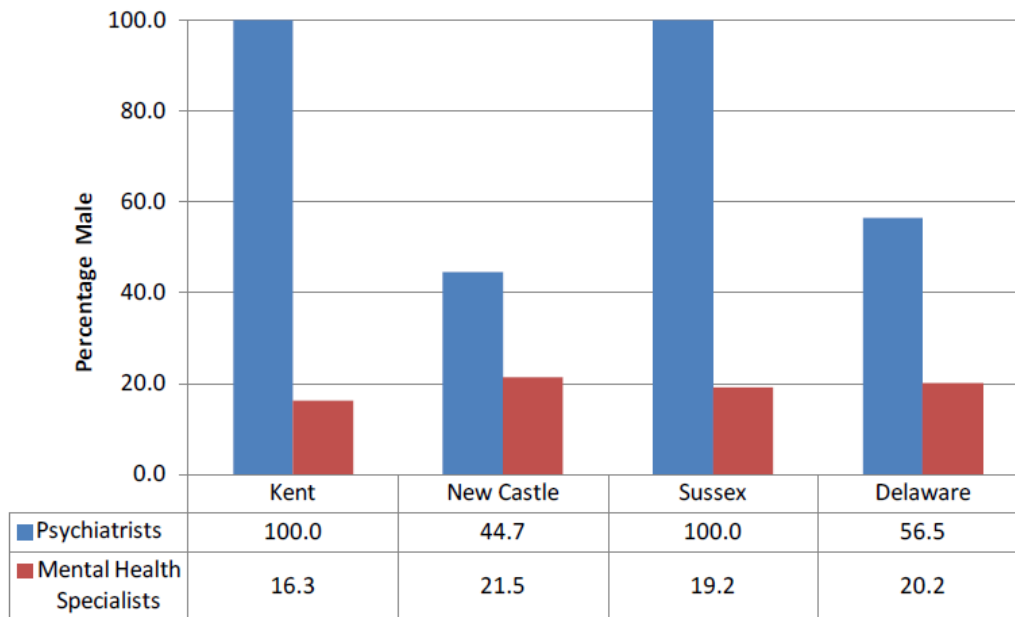
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 2.2
Number of Full-time Equivalent Mental Health Professionals
by County, Delaware, 2014 and 2019



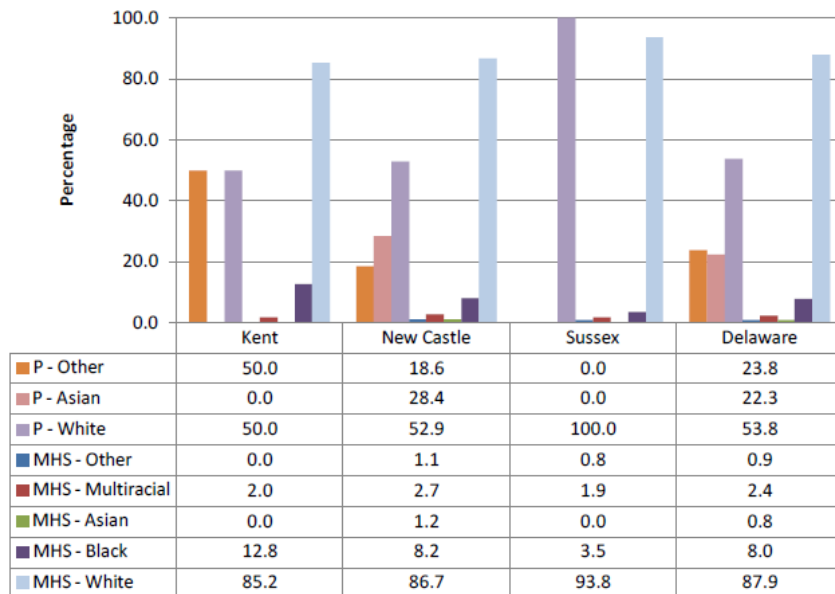
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 2.3
Percentage of Mental Health Professionals
by Gender and County, Delaware, 2019



Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 2.4
Percentage of Mental Health Professionals
by Race and County, Delaware, 2019

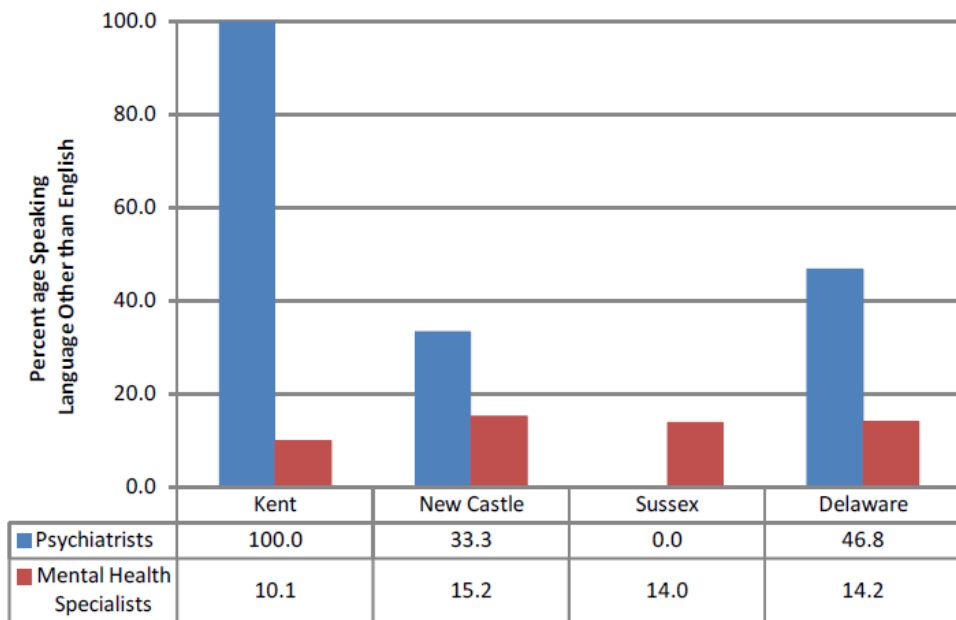


P - Psychiatrists

MHS – Mental Health Specialists

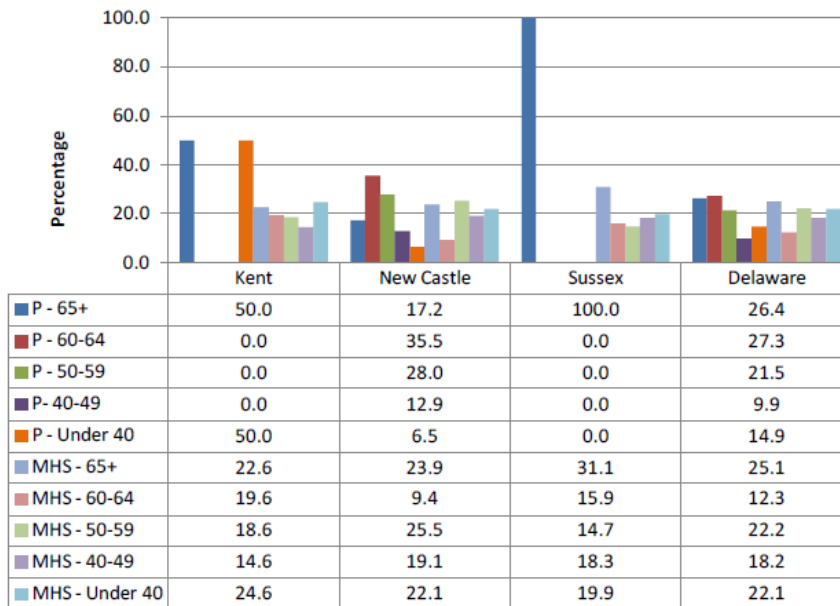
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 2.6
Percentage of Mental Health Professionals who
Speak Languages other than English, by County, Delaware, 2019



Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 2.7
Percentage of Mental Health Professionals
by Age and County, Delaware, 2019

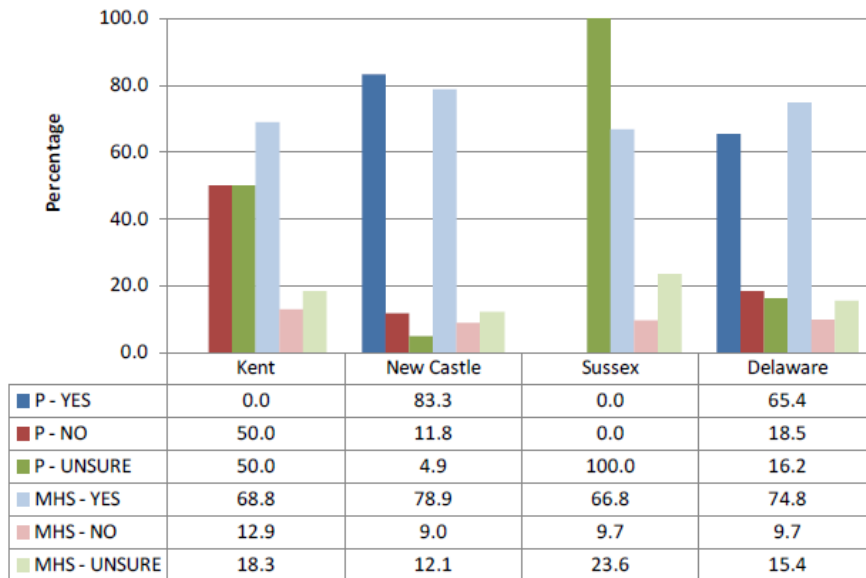


P - Psychiatrists

MHS – Mental health specialists

Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 2.8
Percentage of Mental Health Professionals Anticipating being Active
Five Years from Now, by County, Delaware, 2019

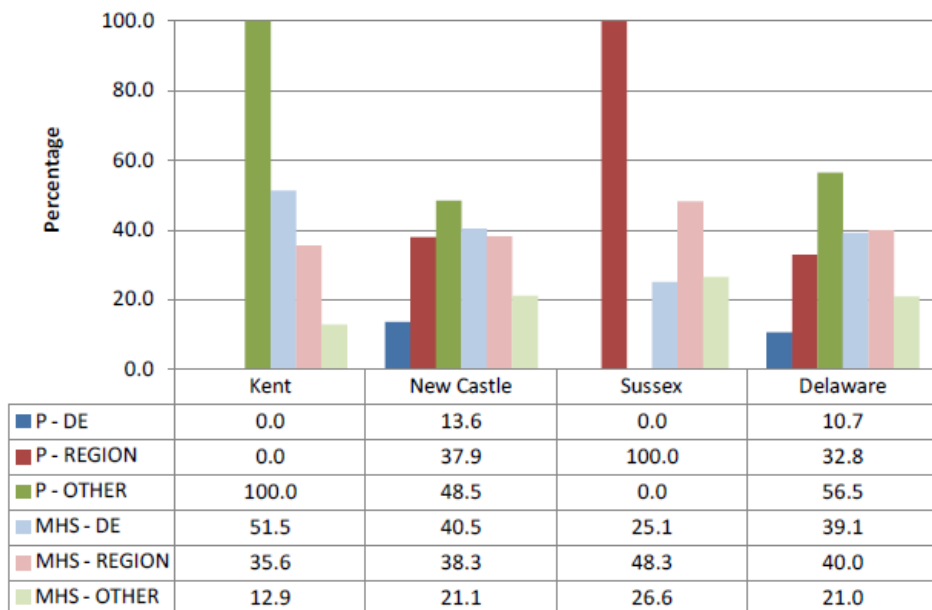


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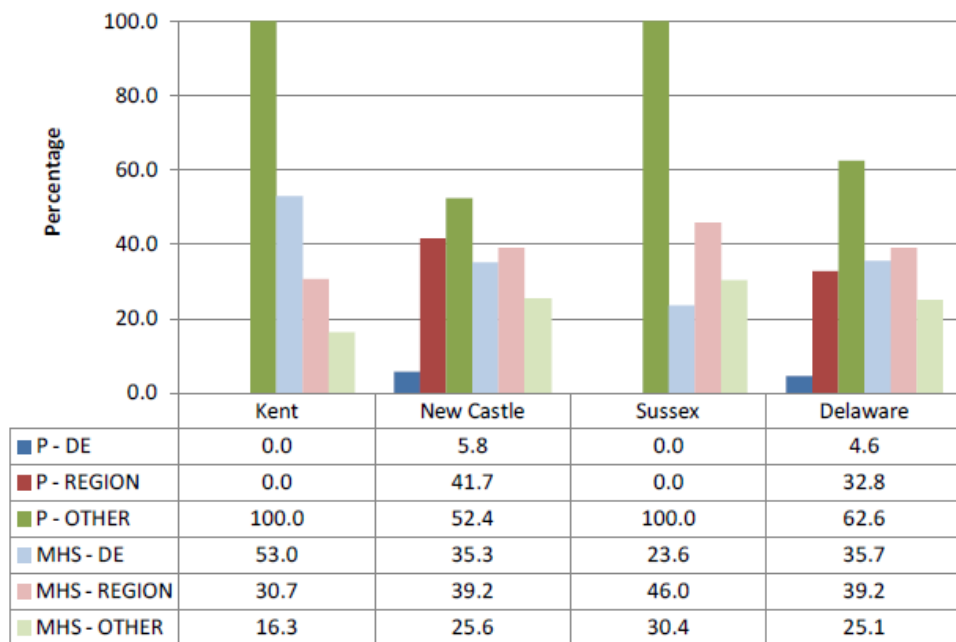
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 2.9
Percentage of Mental Health Professionals
by State of High School Graduation and County, Delaware, 2019



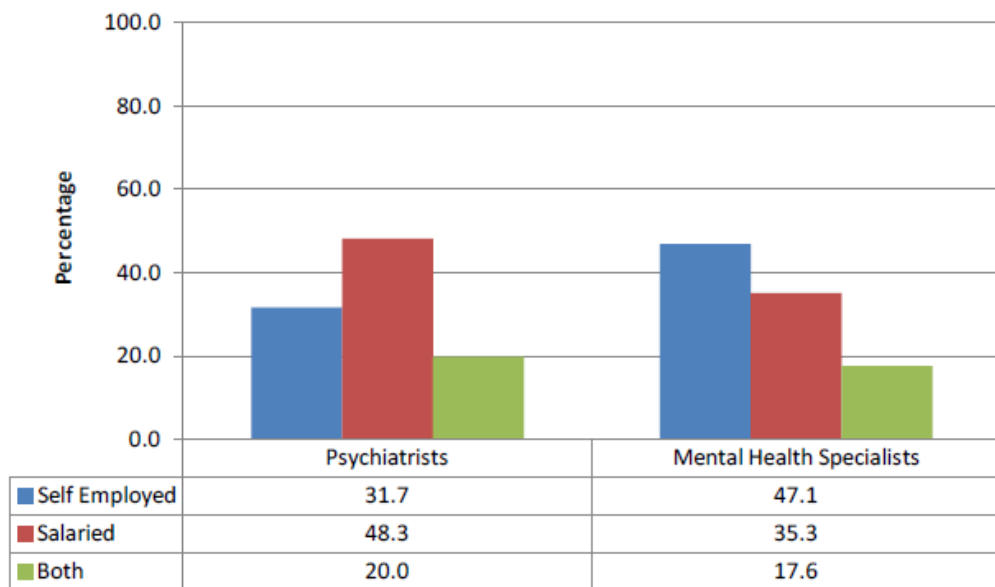
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 2.10
Percentage of Mental Health Professionals
by State of College/University Graduation and County, Delaware, 2019



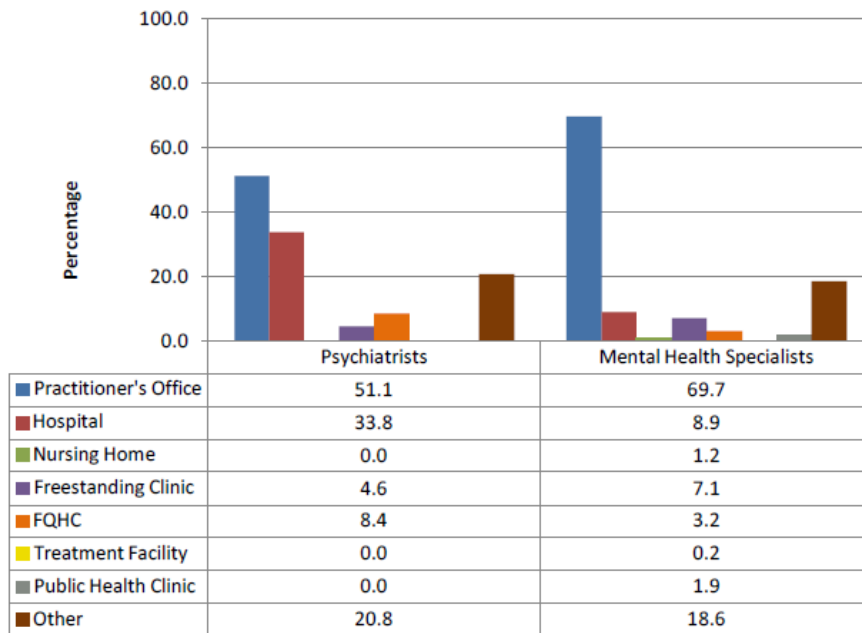
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 3.1
Percentage of Mental Health Professionals
by Primary Employment and Class, Delaware, 2019



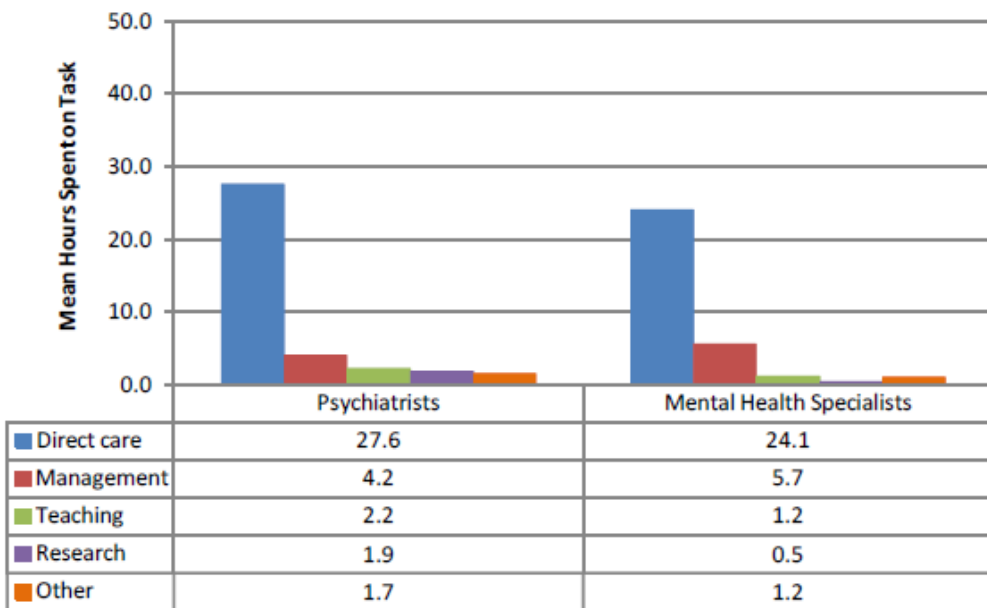
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 3.2
Percentage of Mental Health Professionals by Clinical Setting and Class, Delaware, 2019



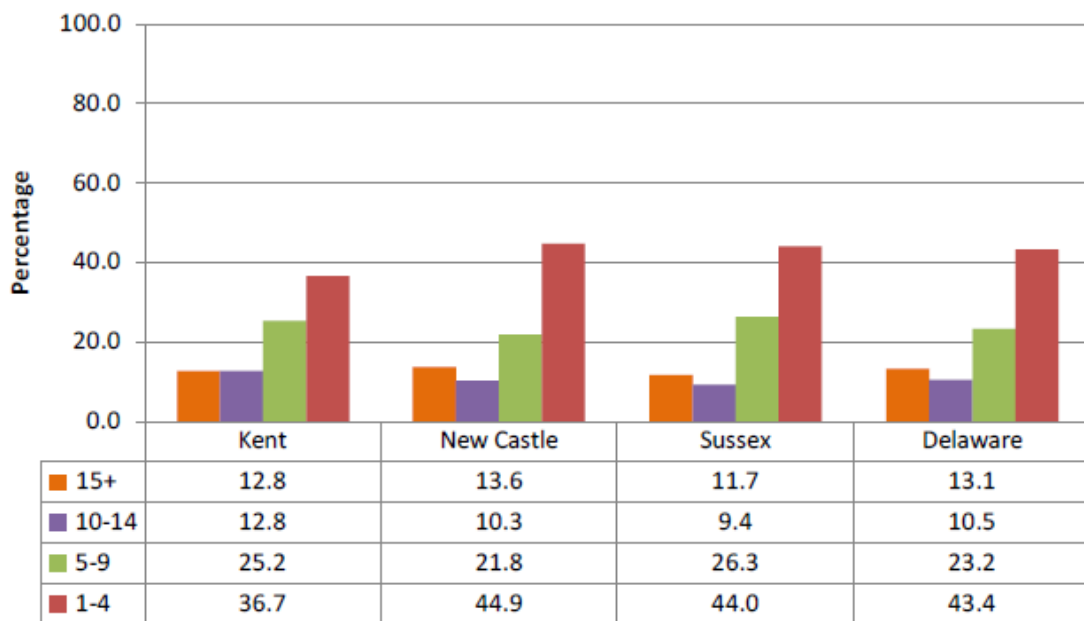
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 3.3
Mean Work Hours of Mental Health Professionals
by Activity and Class, Delaware 2019



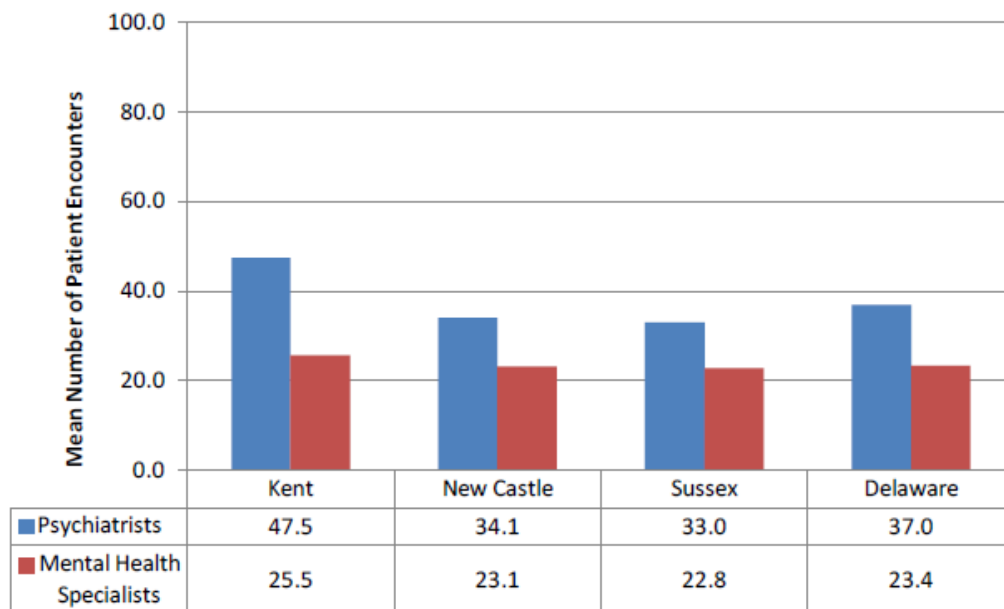
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 3.4
Percentage of Mental Health Professionals at current location
by Years and County, Delaware, 2019



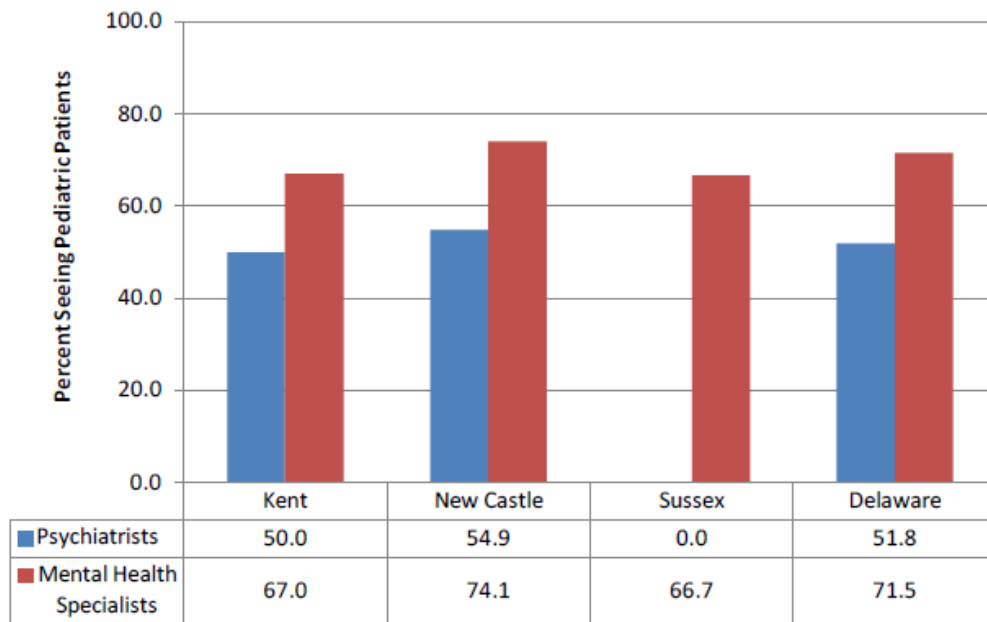
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 3.5
Mean Number of Patient Encounters of Mental Health Professionals
by County, Delaware, 2019



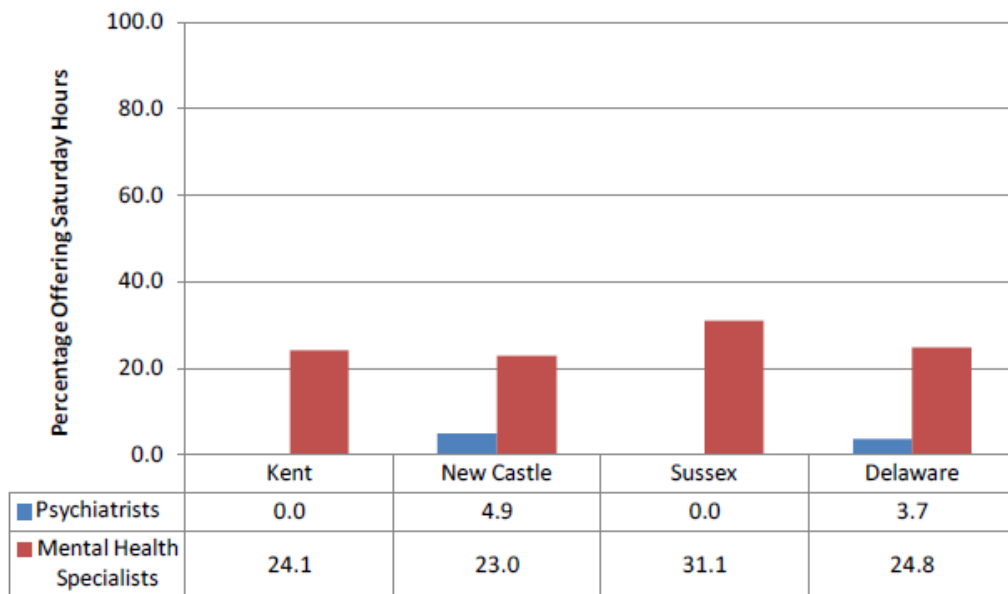
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 3.6
Percentage of Mental Health Professionals Seeing Pediatric Patients
by County, Delaware, 2019



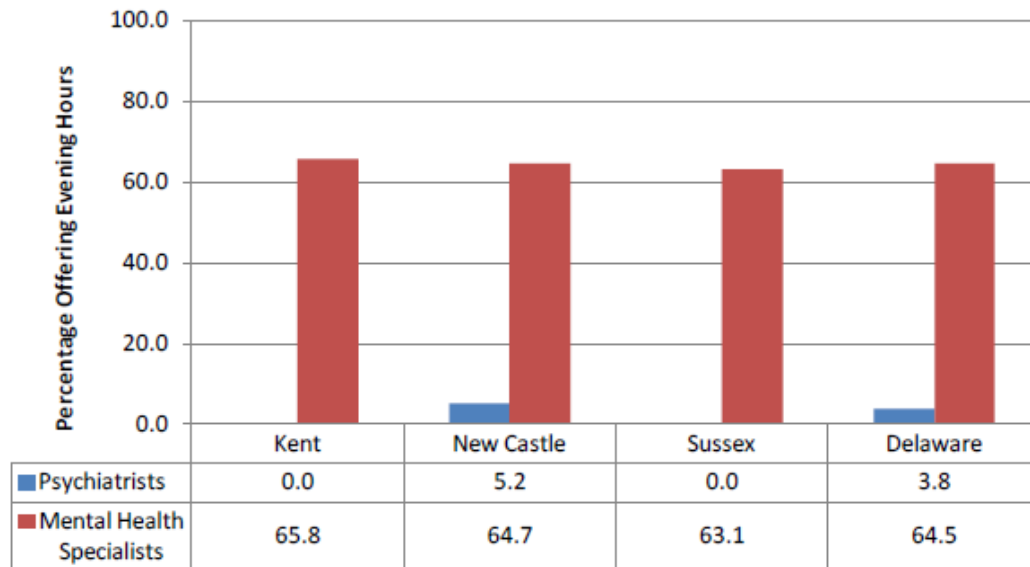
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 3.7
Percentage of Mental Health Professionals Offering Saturday Hours
by County, Delaware, 2019



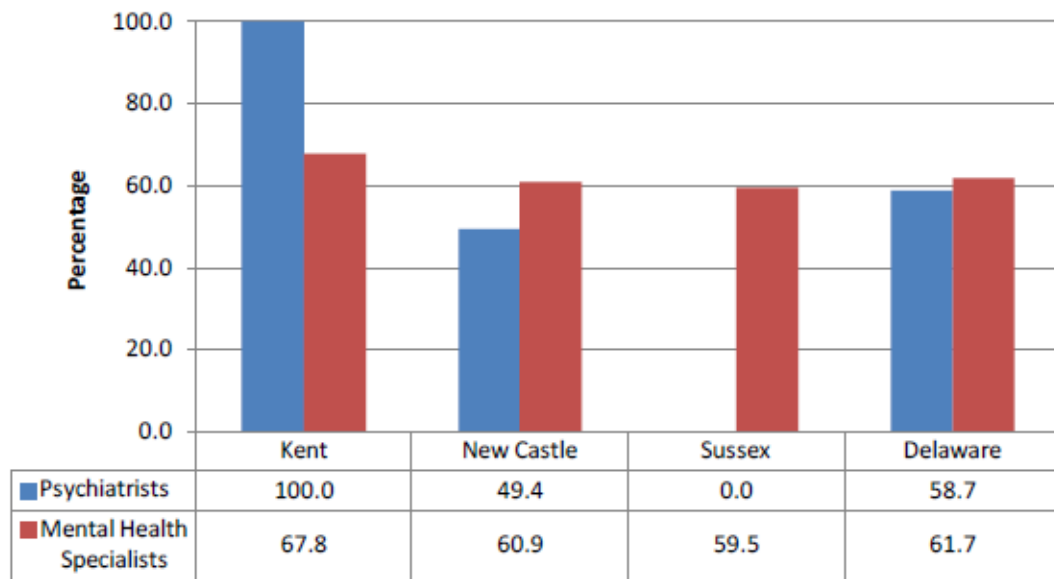
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 3.8
Percentage of Mental Health Professionals Offering Evening Hours
by County, Delaware, 2019



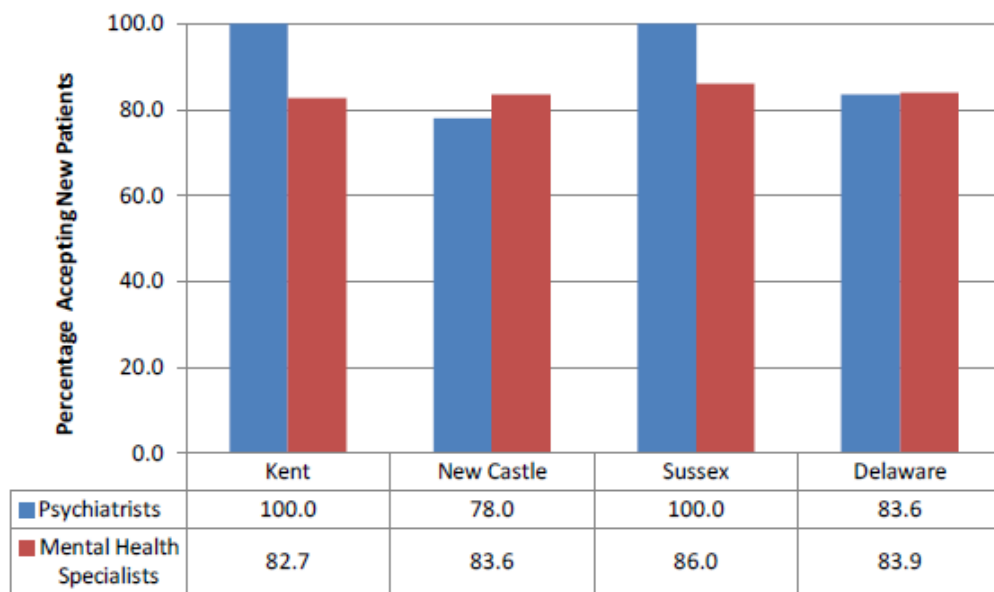
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Figure 3.9
Percentage of Mental Health Professionals Offering Same Day Access
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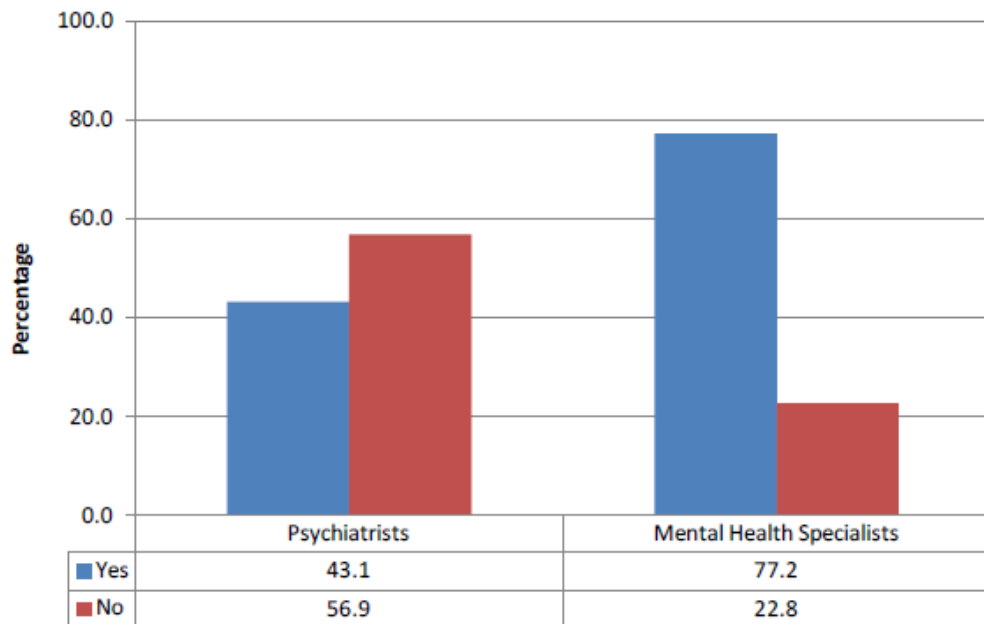
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Figure 3.10
Percentage of Mental Health Professionals Currently Accepting New Patients
by County, Delaware, 2019



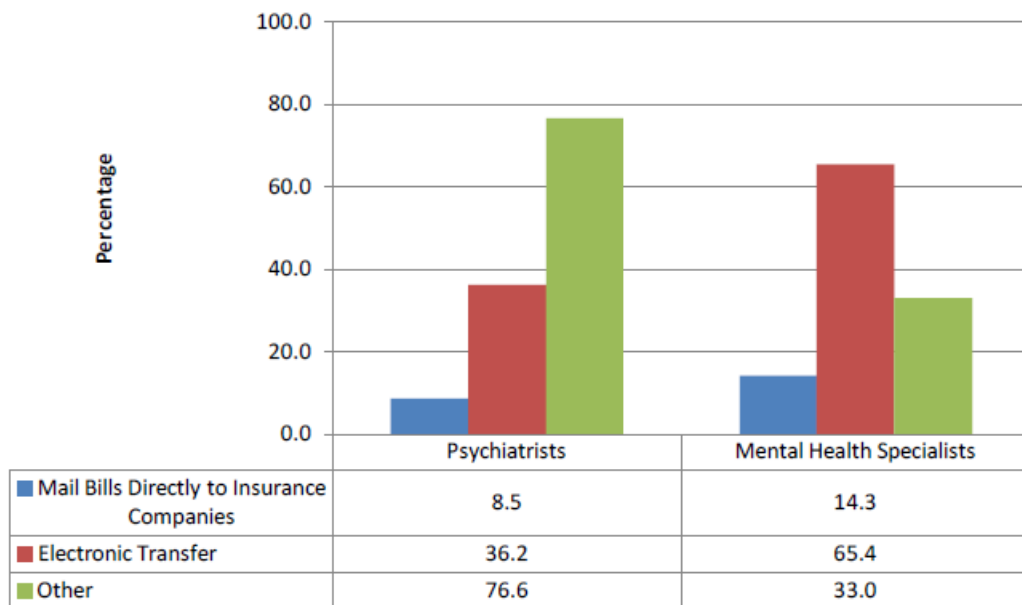
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 3.12
Percentage of Insurance Plan Participation of Mental Health Professionals,
Delaware, 2019



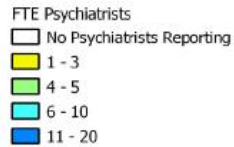
Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 3.13
Percentage of Mental Health Professionals by Current Form of Bill Submission
and Class, Delaware, 2019



Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 4.1



Source: Delaware Department of Health and Social Services, Division of Public Health, Mental Health Professionals in Delaware, 2019.

Figure 4.2



Delaware, 2019.



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42. From which college/university did you graduate?

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State (country if applicable) _____

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Assistant Professor

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