

# Where to Get a Flu Shot

*This document was revised on January 4, 2010.*

This information is subject to change often. Details will be added as they become available. Check <http://www.flu.delaware.gov> frequently for updates.

## Seasonal Influenza

### Where to get a seasonal flu vaccination

#### **Doctor's Offices (including Federally Qualified Health Centers)**

Pediatricians, obstetricians, family practice physicians, and other specialists offer seasonal influenza vaccinations. **Doctors will probably limit their vaccinations to their patients.** These Federally Qualified Health Centers offer seasonal flu vaccination to their patients:

#### Delmarva Rural Ministries

Kent Community Health Center, 1095 S. Bradford St., Dover, DE 19901  
(302) 678-2000

#### Westside Family Healthcare

Wilmington Location: 1802 W. 4th St., Wilmington, DE  
(302) 655-5822

Northeast Location: 908-B East 16th St., Wilmington, DE 19802  
(302) 575-1414

Newark Location: 27 Marrows Rd., Newark, DE 19713  
(302) 455-0900

#### Henrietta Johnson Medical Center

Southbridge Location: 601 New Castle Ave., Wilmington, DE  
(302) 655-6187

Riverside Location: 700 Lea Blvd., Suite 201, Wilmington, DE 19802  
(302) 761-4610

#### La Red Medical Center

505 W. Market St., Georgetown, DE 19947  
(302) 855-1233

#### **Pharmacies**

Several large pharmacy chains are offering seasonal vaccine like Walgreens (Happy Harry's), CVS, and Rite Aid among others. Vaccination through pharmacies is especially intended for people who cannot get vaccinated by their doctors, people without a doctor, and people who live with or care for children younger than 6 months of age (such as childcare workers). The average cost for a seasonal influenza vaccination through pharmacies is \$25. Check with your local pharmacy to find out when they will offer vaccinations.

#### **Delaware Division of Public Health Clinics**

Delaware Division of Public Health seasonal flu shot clinics are intended for those who have no healthcare provider or whose insurance does not cover flu and pneumonia vaccinations. If you are covered, please see your healthcare provider.

DPH will provide its seasonal flu vaccine to these priority groups:

- Pregnant women
- Children 6 months to 18 years of age
- People any age with chronic conditions (lung, heart, diabetes, compromised immune systems)
- People 65 or older

Below is a list of clinic sites where appointments can be made.

#### New Castle County

- Hudson State Service Center - By appointment for age 6 months and above. Call (302) 255-4555.
- Northeast State Service Center - By appointment for age 8 years and above. Call (302) 552-3600.

#### Kent County

- James Williams State Service Center - By appointment for ages 6 months and above. Call (302) 857-5130.

#### Sussex County

- Georgetown State Service Center - By appointment for ages 6 months and above. Call (302) 856-5213.
- Milford State Service Center - By appointment for ages 6 months and above. Call (302) 424-7150.

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## H1N1 Influenza

**IMPORTANT:** Effective Dec. 31, 2009, the H1N1 flu vaccine is available to **all Delawareans** above the age of six months who want the vaccine.

### **Is the H1N1 influenza vaccine safe?**

We expect the 2009 H1N1 influenza vaccine to have a similar safety profile as seasonal flu vaccines, which have a very good safety track record. Over the years, hundreds of millions of Americans have received seasonal flu vaccines. The most common side effects following flu vaccinations are mild, such as soreness, redness, tenderness or swelling where the shot was given. The U.S. Centers for Disease Control and Prevention (CDC) and the U.S. Food and Drug Administration (FDA) will closely monitor for any signs that the vaccine is causing unexpected adverse events. They will work with state and local health officials to investigate any unusual events. People who have a severe (life-threatening) allergy to chicken eggs or to any other substance in the vaccine should not be vaccinated.

### **Who should get an H1N1 vaccination?**

**EXPANDED AVAILABILITY: Effective Dec. 31, 2009, the H1N1 flu vaccine is available to all Delawareans above the age of six months who want the vaccine. However, H1N1 influenza vaccination is especially important for those who are in these priority groups:**

- Pregnant women
- Persons who live with or provide care for infants less than 6 months (e.g. parents, siblings, and daycare providers)
- Health care and emergency medical services personnel
- Persons ages 6 month – 24 years
- Persons aged 25 years - 64 years who have medical conditions that put them at higher risk for influenza complications

### **Where to get a H1N1 vaccination**

The following retail locations and public health-sponsored sites may have vaccine. Check [www.flu.delaware.gov](http://www.flu.delaware.gov) for availability.

Because H1N1 influenza vaccine is being provided at no cost to healthcare providers, you should not be charged for the vaccine itself. However, your healthcare provider may charge a fee to administer it. Your healthcare insurance may cover that administration cost.

*Please note that Delaware's Division of Public Health is distributing H1N1 influenza vaccine based upon requests. A doctor's office will not receive vaccine if they did not request it.*

### **Special Clinics**

The Division of Public Health is monitoring the supply of vaccine and how it is being used. From time-to-time, special clinics may be offered. Please check our website ([www.flu.delaware.gov](http://www.flu.delaware.gov)) and look for public announcements for details on special clinics.

### **Doctor's Offices (including Federally Qualified Health Centers)**

Pediatricians, obstetricians, family practice physicians, internists and other specialists who requested H1N1 influenza vaccine from DPH are receiving it. A doctor will probably not vaccinate you unless you are already his or her patient.

These Federally Qualified Health Centers are offering H1N1 influenza vaccination to their patients:

#### Delmarva Rural Ministries

Kent Community Health Center, 1095 S. Bradford St., Dover, DE 19901  
(302) 678-2000

#### Westside Family Healthcare

Wilmington Location: 1802 W. 4th St., Wilmington, DE

(302) 655-5822

Northeast Location: 908-B East 16th St., Wilmington, DE 19802

(302) 575-1414

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#### La Red Medical Center

505 W. Market St., Georgetown, DE 19947

(302) 855-1233

If you are unable to get vaccinated by your doctor, see below for other ways to be vaccinated.

### **Public Schools (including Charter Schools)**

Since November, the Division of Public Health has offered voluntary H1N1 influenza vaccination to elementary, middle and high school students whose parents or guardians provide written consent. Elementary school students are receiving a nasal spray vaccination. Middle school and high school students are receiving the injectable vaccination. Children under 10 years of age require two vaccinations approximately one month apart. For information on a specific school, please check with your child's school.

**Note: Vaccination in public schools is for students only.**

### **Private Schools**

The Division of Public Health has offered H1N1 influenza vaccination to private schools with health centers. Teams have traveled to these schools since November to provide the vaccination. Check with the school to determine their arrangements.

Private schools that elect not to administer vaccine -- and other private schools without health centers -- can direct students to their private physicians and other locations for the vaccine.

**Note: Vaccination in private schools will be for students only.**

## **Colleges and Universities**

The University of Delaware, Delaware State University, Delaware Technical College (some campuses), and Wesley College have requested H1N1 influenza vaccine for students. Some other colleges and universities are providing vaccination by contracting with local healthcare facilities. Check with your college and university to determine their arrangements.

Colleges and universities began receiving H1N1 influenza vaccine in December.

Students in colleges or universities without health centers, or that are not offering vaccine by contracting with local healthcare facilities, should seek an immunization through their primary healthcare provider or at other locations.

## **Pharmacies**

At this time, the Division of Public Health is working with retail pharmacies to offer H1N1 influenza vaccination to anyone 18 years and above. Most pharmacies are in the process of signing an agreement with the Division of Public Health that will allow them to offer the vaccination at no cost to the public.

Major pharmacy chains in Delaware began receiving H1N1 influenza vaccine in December.

## **Healthcare Facilities (including Advanced and Basic Life Support Agencies)**

Hospitals, nursing homes and other healthcare facilities have requested H1N1 influenza vaccine for their healthcare providers and in some cases, their patients.

**PLEASE NOTE: These facilities are not offering vaccination to the public.**

## **Division of Public Health Clinics**

• ***EXPANDED AVAILABILITY: Effective Dec. 31, 2009, the H1N1 flu vaccine is available in DPH clinics to all Delawareans above the age of six months who want the vaccine.***

• DPH flu shot clinics are intended for those in the high priority groups for H1N1 influenza who cannot find the vaccine in the private sector. DPH offers H1N1 influenza vaccination by appointment at the state service centers listed below:

### New Castle County

- Hudson State Service Center - By appointment for age 6 months and above. Call (302) 255-4555.
- Northeast State Service Center - By appointment for age 8 years and above. Call (302) 552-3600.

### Kent County

- James Williams State Service Center - By appointment for ages 6 months and above. Call (302) 857-5130.

### Sussex County

- Georgetown State Service Center - By appointment for ages 6 months and above. Call (302) 856-5213.

**Where to get an H1N1 influenza shot in Delaware**  
*(This document was revised on January 4, 2010. Subject to change.)*

<b>Where</b>	<b>Who</b>	<b>When</b>	<b>Comments</b>
Doctor's Office	Doctors are prioritizing based on availability, but anyone above the age of 6 months who wants the vaccine is eligible to receive it.	Now	Vaccine is being made available every week. Check with your doctor.
Public Schools	All children, K-12	Now	Between now and mid-January, teams will be traveling to schools. Students in Grades K-5 receive nasal vaccine. Students in Grades 6-12 receive injected vaccine.
DPH Clinics	Anyone above the age of 6 months who wants the vaccine is eligible to receive it.	Now	Appointments only.
Private School and Home schooled	All children, K-12	Being scheduled now.	Schools will provide information.
Colleges and Universities	All students and staff who want the vaccine are eligible to receive it.	Pending	Colleges and universities will provide information.
Pharmacies	Anyone 18 years and older.	Now	Pharmacies will provide information.